Young women may avoid much sick !



> E ness and pain, says Miss Alma Pratt, if
they will only have faith in the use of Lydia E. Pinkham's Vegetable Compound.
 ono for me. I was completely run down , unable to attend school, and
did not care for any kind of society, but now 1 feel lile a new person,
dand have gained seven pounds of flesh in three months.
un recommend it to all young women who suffer from female weak-





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The Experience of Youre



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DOCTOR ADYOCATED OPERATION-_
PE-RU-MA MADE KMIFE UMMEGESSARY,



## Potash



FREE to WOMEN
In Warm Baths with

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| At this the sailors laughed. <br> As long as Pierre lived he was known as Big-Bird Iicrre for he could nobody to belifeve him. Since his time. bowever, more has been learned of Madagascar, the island where Pierie landed; and thouglo nobody has seen $n$ landed; and thoughi nobody has seen $n$ living bird such as Pierre described. eggs and skeletons of birds have been found, and, judging from them, it is was frightened. <br> The egg is larger fhan a football and rould, it is calculated, hold as much as 160 hens' eggs. As for the bird, it as 160 hens' eggs. As for the bird, it was of the same fainily as the ostrich. but was more than twice as tall. and proportionately heavier, ko that, tower- ing as it did a man's height above the tallest elephant, it must have been a staptling bird to see for the first time unexpectedly. <br> The aepyornis, as the bird is called. does not exist now, but Mr. Wallace. the great naturalist, thinks that all the indications are that it may have lived withln the last two centurics within the last two centuries. <br> A Brussels expert, M. Fant estimates that from the invention of printing. in the midate of the tifteenth century to Januars. 1900. 12.163,000 different books have been lssued. He also estimates that about 200,000 boois |  Watches were a minute cr more out of the way. Next morning every one of te lot was the lot was exactly rigbt. <br> "The fact is sou can regulato n hours a day, but you can't persuado it to make just sixty minuten in each of the twenty.four hours. Why this is so no one can tell."-New York Timen Times. $\qquad$ A.s <br> The Catir Cleanilinese. <br> The most fastidious mammals in matters of tbe tollet are to be found among the members of the cat family as all must ave noticed in domestic tanbies. The rough tongue makes an excellent brush, while the sharp clawa are on occasion employed by way of combs, all these invaluable aids to cleaniness and emartuess possexsing the further advantage of aiways being at band when required. <br> A bealthy cat is not oniy clean bht finceal, not to say vain about her (or his) personal appeanace. And mora) degeneration in pussy is accompanied the d<ciet is as dirty as a boy must re luctantly be confessed. Fie was the first animal to be domesticated, and iong association witi, man lins perlinps |
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