SUFFERED FROM CATARRH OF LUNGS SO COMMON IN WINTER: Humoriof CURED BY PE-RU-NA. Today



is follows:

serious.

"I am pleased to endorse Peruna, as I 'ook it about a year aço and it soon brought me relief from a cold on my lungs which threatened to be

"The lungs were sore and inflamed, I coughed a couple of hours every night, and I felt that something must be done before my lungs became affected. "Peruna was suggested by some of my friends who had used it, and acting upon their advice I tried it and found that it was able to bring about a speedy cure. You have my highest endorsement and thanks for the good it did me."

Sounding the Praises of Peruna.

Mrs. Frances Wilson, 32 Nelson St., Clinton, Mass., writes: "Had you seen me at the time of my ill-ness and now, you would not wonder that I take delight in sounding the praises of Peruna.

Peruna. "My ailment was a severe cold which at-tacked the bronchial tubes and lungs.

"I followed your special directions and after using six bottles of Peruna, I was on my feet again. I think Peruna a wonderjul medicine,"

The English Language.

asked a Frenchman.

"A flock of bees?"

is confusing to me."

was the American's reply.

"No; a drove of oxen." .

"No; a swarm of bees."

"Would you say a flock of fish?"

"No: you would say a shoal of fish,"

"Really," said the Frenchman, "this

"I don't wonder that it is," the

American returned. "For every differ-

ent crowd there is a different word in

our language. Thus we say a covey of

partridges, a bevy of qualls, a nide of

pheasants, a flight of doves, a wisp of

snipe, a muster of peacocks, a brood

of grouse, a siege of herons, a building

of rooks, a stand of plovers, a watch

of nightingales, a clattering of

choughs, a pack of wolves, a cast of

hawks, a herd of swine, and so on.

In the technical books on sports and

"Could you say a flock of oxen?"

FRANCISWILSON A PLAIN TALK

On a Plain Subject in Plain Language.

The coming winter will cause at least one-balf of the women to have catarrh, colds, coughs, pneumonia or consumption. Thousands of women will lose their lives and tens of thousands will acquire some chronic ailment from which they will never recover. Unless you take the nec-waary precautions the

IN THE HOUSE. Unless you take the nec-essary precautions, the chances are that you (who read this) will be one of the unfortunate ones. Little or no risk meed be run if Peruna is kept in the house and at the first appearance of any symp-tom of catarrh taken as directed on the bottle.

Perupa, is a saleguard, a preventative, a specific, a cure for all cases of catarrh, acute and chronic, coughs, colds, consump-

For free medical advice, address Dr. S. B. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

Railroading in Japan.

Japan has 4236 miles of railway, of which 210 miles were constructed in 1903. The number of passengers carried on these railways in 1903 was 110,000,000, the freight transported was 16,122,671 metric tons and the cash receipts amounted to about \$23,-800.000.

Beware of Ointmants For Catarrh That Contain Mercury,

as mercury will surely destroy the sense of smell and completely derange the whole sys-tem when entering it through the mucous surfaces. Sucharticlesshould never be used surfaces. Such articlession in hever be used except on preserviptions from reputable phy-sicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and unpacted. no mercury, and is taken internally, noting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken in-ternally, and made in Toledo, Onio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists; price, 75c, per pottle. Take Hall's Family Pills for constipation.

Germ Day.

hunting you will find that every crowd The State of Utah has established of birds and of animals has its own a holiday in honor of germs

Tips.

If you do not want to starve, If you wish your weight was greater, Here's a hint: To tip the scales You had better tip the waiter. -New York Sun.

Grab Her.

Askington-"Quite a clever girl, isn't she?"

Sapsmith-"Clever? Why, she has brains enough for two!" "Marry her, old fellow! Marry her,

as quick as you can!"--Smart Set 1

Worst Part of It at Home.

Neighbor-"How long did you stay at the club yesterday, Jones?" Jones-"Oh, the best part of the

evening." Mrs. Jones-"Why. John; you came home in half an hour!"

Jones -- "Well?" -- Cleveland Plain Dealer.

Different.



"Now, I can go into the village and come home again without getting drunk."

"Ah, meenister, but I'm sae popular."-The Bystander.

Huckleberry Finn.

"What your nationality, pard?" asked the Bayter street bunko-steerer. "Aa bin a Fin," replied the sailor man.

"Then you're my huckleberry," chir ruped the gleeful confidence man, as he took the jack tar into tow .- Houstor Chronicle.

Too Much For Him.

Highwayman-"How much money have you got?"

Heldup-"I couldn't guess." Highwayman-"You can't guess the amount?"

Heldup-"No."

Highwayman-"Then give it up."-Cleveland Plain Dealer.

Disillusioned.

"What sort of impression did the New York horse show make on you?' "Why, it shocked me." "What shocked you?" "Coming face to face with those New York society women after seeing

their lovely portraits in the New York papers."-Cleveland Plain Dealer.

Accomplished More.

Towne-"Your wife has been telling my wife what a jewel your new cook is; says that with the same quantity of food she accomplishes twice as much as any other girl she ever had Browne-"So it seems; at any rate, I have twice as much dyspepsia as 1 used to have."-Philadelphia Press.

FITS permanently cured. No fits or nervous-ness after first day's use of Dr. Kline's Great NerveRestorer, Strial bottleand treatise free Dr. R. H. KLINE, Ltd., 931 Arch St., Phila., Pa. Bonaparte's house in St. Helena is now a barn.

A Guaranteed Cure For Piles. Itching, Blind, Bleeding or Protruding Piles. Druggists will refund money if Pazo Ointment fails to cure in 6 to 14 days. 50c.

The coldest city in the world is Yakutsk, Eastern Siberia.

Mrs. Winslow's Soothing Syrup for children teething, soften the gums, reduces inflamma-tion, allays pain, cures wind colic, 25c. a bottle

There is more coal in Montana and Wyc-ming than in Pennsylvania.

Piso's Cure cannot be too highly spoken of as a cough cure. J. W. O'BRIEN, 522 Third Avenue, N., Minneapolis, Minn., Jan. 6, 1900.

Among the spoils of war taken at Liao-Yang was a pet pigeon.

A Well Deserved Tribute.

A Well Deserved Tribute. The awarding of the Grand Prize to the winchester Repeating Arms Co. New Ha-content of the St. Louis Exposition, conters upon this company the highest mark of distinction attained by any manu-facturer of guns or ammunition in the world. Although a great number of med-prize was to the Winchester Repeating Arms Co.; given as it was in competition with the leading manufacturers of all coun-tries, it testifice decidedly to the superior-ity of Winchester rifles, shotguns and am-wintion. The success attained by the Winchester Repeating Arms Co. at this exposition is in line with past honors. At for Prize, and wherever exhibited have always been given the highest possible points is the statural result of thirty years of careful and successful endeavor in main-ting, the high quality of Winchester iftes, shotguns and ammunition.

The way some people lay up treasure in Heaven they must think that relig-ion is a nickel-in-the-slot business.

To Cure a Cold in One Day Take Laxative Bromo Quinine Tablets. All

druggists refund money if it fails to cure. E. W. Grove's signature is on box. 25c. Alligator hunters are wanted in Vene-

Itch cured in 30 minutes by Woolford's Sanitary Lotion. Never fails. Sold by all druggists, \$1. Mail orders promptly filled by Dr. E. Detchon, Crawfordsville, Ind.

Since 1858 the population of Scotland has increased fifty-two per cent.

Taylor's Cherokee Remedy of Sweet Gum and Mullen is Nature's great remedy-Cures Coughs, Colds, Croup and Consumption, and all throat and lung troubles. At druggists, 25c., 50c. and \$1.00 per bottle.

Value of Discontent. The late J. W. Clarke of the New York World used to say that the secret of success in life was never to be quite satisfied with what you have, because contentment meant stagnation and failure to advance. "Never te satisfied," he would say, "alway? look for something better.'

BABY'S TERRIBLE SORE

Body Raw With Humor-Caused Untold Agony-Doctor Did No Good-Mother Discouraged-Cuticura Cured at Once.

"My child was a very delicate baby. A terrible sore and humor broke out on his body, looking like raw flesh, and causing the child untold agony. My physician pre-scribed various remedies, none of which helped at all. I became discouraged and took the matter into my own hands, and tried Cuticura Soap and Cuticura Ointment with almost immediate success. Before the second week had passed the soreness was gone, not leaving a trace of anything. Mrs. Jeannette H. Block, 281 Rosedale St., Rochester, N. Y."

Sharps and Flats.

John E. Boyd and his wife have given to the city of San Rafael one of the beauty spots around San Francisco Bay, finely laid out grounds of twenty



how she was cured of irregularities and uterine trouble, terrible pains and backache, by the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MES. PINEHAM: -- A while ago my health began to fail because of female troubles. The doctor did not help me. I remembered that my mother had used Lydia E. Pinkham's Vegetable Compound on many occasions for irregularities and uterine troubles, and I felt sure that it could not harm me at any rate to give it a trial.

"I was certainly glad to find that within a week I felt much better, the terrible pains in the back and side were beginning to cease, and at the time of menstruation I did not have nearly as serious a time as heretofore, so I continued its use for two months and at the end of that time I was like a new woman. I really have never felt better in my life, have not had a sick headache since, and weigh 20 pounds more than I ever did, so I unhesitatingly recommend your medi-cine." — MRS. MAY HAULE, Edgerton, Wis., Pres. Household Ec. Jomics Club. — \$5000 forfeit if original of above letter presing enulanesss cannot be produced.



is necessary for cotton to produce high yields and good fibre.

Write for our valuable books on fertilization; they contain information that means dollars to the farmers. Sent free on request. Write now while you think of it to the

GERMAN KALI WORKS New York-93 Nassau St., or Atlanta, Ga.-22% So. Broad Street.





You Want the Best

Charlotte, N. C., Atlanta, Ga., Birmingham, Ala., Memphis, Tenn., Dallas Texas.







SOLD BY ALL DRUGGISTS

Crab Orchard Water Co.,



WANTED -In each State, Salesmen to sell Iarke line Tooscool permanent Position. CENTRAL TOBACCO WORKS CO., Penicks, Va.

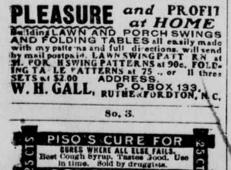
called General Health Day and is the first Monday in October. On this day all theatres, churches, public halls, notels, boarding houses, etc., must be thoroughly disinfected.



"My nightly rest was broken, owing to irregular action of the kidneys. I was suffering intensely from severe pains in the small of my back and through the kidneys and annoyed by painful passages of abnormal secretions. No amount of doctoring relieved | taken down with appendicitis and after this condition. I took Doan's Kidney Pills and experienced quick and lasting relief. Doan's Kidney Pills will prove a blessing to all sufferers from kidney disorders who will give them a fair trial."

Foster-Milburn Co., Buffalo, N. Y., proprietors. For sale by all druggists, price 50 cents per box.

Men worship God by their motives in going to church as well as by their manner when there.



CONSUMPTION NoMoreBlindHorses for Specific Ophthalands Bore Eyes, Barry Co., Iowa City, 14, have a sure cure

special name. These special names well trained sportsmen always use."-New York Press.

Reward for Inventive Mind.

The inventive mind of William Crust, of Greenfield, 12 years old, conceived the idea of improvising a bag to carry chestnuts in. He tied cord about the ankles of his trousers, filled his apparel and managed to waddle home with twenty-seven quarts of fine nuts.

MIGHT HAVE SAVED IT. Lebanon, Ky., A Lot of Trouble From Too Much Starch Food.

A little boy of eight years whose parents did not feed him on the right kind of food, was always nervous and suffered from a weak condition of the stomach and bowels. Finally he was the operation the doctor, knowing that his intestinal digestion was very weak, put him on Grape-Nuts twice a day. He rapidly recovered and about two months thereafter, his Father states, "He has grown to be strong, muscular, and sleeps soundly, weighs 62 pounds, and his whole system is in a fine condition of health." Name given by Postum Co., Battle Creek, Mich.

It is plain that if he had been put on Grape-Nuts at an earlier period in his life, and kept from the use of foods that he could not digest, he never would have had appendicitis. That disease is caused by undigested food decaying in the stomach and bowels, causing irritation and making for the growth of all kinds of microbes, setting up a diseased condition which is the active cause of appendicitis, and this is more marked with people who do not properly digest white bread. Grape-Nuts is made of the selected parts of wheat and barley and by the peculiar processes of the cooking at the factory, all of the starch is turned into ggar ready for immediate digestion and the more perfect nourishment of parts of the body, particularly the in and nerve centres. lead the little book, "The Road to ellville," found in each pkg.

Not Disposed to Criticise.

"Don't you think," asked Mrs. Oldcastle, "that our minister is becoming somewhat recondite?"

"Oh, I don't know," replied her hostess. "Josiah thinks so, but it don't seem to me that he weighs a pound more than he ought to for a man as tall as him."-Chicago Record-Herald.

All Off.

"What's the matter?" inquired Ascum. "What are you searching your pocket for?"

"I tied a knot in my handkerchief this morning," said the absentminded man, "to remind me of something 1 was to get for my wife. And now I can't find the handkerchief !"-Philadelphia Press.

Still in Service.

"Can't yer do a little somethin' fer an old soldier?" whined Tired Tiffins. "Weil, I don't know," replied the portly citizen. "If you can show your discharge papers I may be able to do something for you."

"I hain't been discharged yet, boss," replied the hobo. "It's a soldier of fortune I am."-Pittsburg Post.

How the News Spread.

Patience-"What do you think?" Patrice-"I'm sure I don't know." "Why, that Huggins girl was married nearly a year ago!"

"I never knew it!"

"No. nor I, either, until to-day." "How did you find it out?"

"Why, I saw an announ cement of her divorce in the papers."-Yonkers Statesman.

The Simple Truth.

Kadley-"Yes, I would really like to know what your age is." Miss Pepprey-"Weil, why don't you ask me?

Kadley-"Oh! You wouldn't tell me the truth."

Miss Pepprey-"Oh! yes, I would." Kadley-"Well, what is it?" Miss Pepprey-"None of your busi ness."-Philadelphia Press.

acres, with a large and handsome building, in memory of their dead ones. Superintendent Maxwell will ask the New York Board of Education at its next meeting to adopt a plan for giving tenement district school children a midday meal. If the plan should be adopted and the lunchcons should cost six cents each, it would cost the city \$8,904,000 a year.

The appointment of Robert Nathan, of the British Indian Civil Service, to be private secretary to Lord Curzon. Viceroy of India, is one of more than usual interest, as he is the first He brew to obtain such a position in that service. He is a brother of Sir Matthew Nathan, recently appointed Gov ernor of Hong Kong.



GUARANTEED CURE for all bowel troubles, appendicitie, billouaness, bad broblood, wind on the stomach, blosted bowels, foul mouth, headache, indigestica, GUARANTEED CURE for all bowel troubles, appendicitia, billouaness, 5% or erenda, bas blood, wind on the stomach, blosted bowels, foul mouth, headache, indigestica, pimples, pains after eating, liver trouble, sallow skin and dizziness. When your bowels don't move regularly you are sick. Constipation kills more people than all other diseases together. It starts chronic ailments and long years of suffering. No matter what ails you, start taking CASCARETS today, for you will never get well and stay well until you get your bowels right. Take our advice, start with Cascarets today under absolute guarantee to cure or money refunded. The genuine tablet stamped C C C. Never sold in bulk. Earple and booklet free. Address Sterling Remedy Company, Chicago or New York. 502

