

Save

1-wheat
use more corn

2-meat
use more fish & beans

3-fats
use just enough

4-sugar
use syrups

and serve
the cause of freedom
U. S. FOOD ADMINISTRATION

FACE the FACTS

LET us face the facts. The war situation is critical. Unless the Allies fight as they never yet have fought, defeat threatens. Hungry men cannot fight at their best; nor hungry nations. France, England, and Italy are going hungry unless we feed them.

Wheat Savings—They must have wheat. It is the best food to fight on. It is the easiest to ship. We alone can spare it to them. By saving just a little—less than a quarter of what we ate last year—we can support those who are fighting our battles. And we can do it without stinting ourselves. We have only to substitute another food just as good.

The Corn of Plenty—Corn is that food. There's a surplus of it. Providence has been generous in the hour of our need. It has given us corn in such bounty as was never known before. Tons of corn. Trainloads of corn. Five hundred million bushels over and above our regular needs. All we have to do is to learn to appreciate it. Was ever patriotic duty made so easy? And so clear?

America's Own Food—Corn! It is the true American food. The Indians, hardiest of races, lived on it. Our forefathers adopted the diet and conquered a continent. For a great section of our country it has long been the staff of life. How well the South fought on it, history tells. Now it can help America win a world war.

Learn Something—Corn! It isn't one food. It's a dozen. It's a cereal. It's a vegetable. It's a bread. It's a dessert. It's nutritious; more food value in it, dollar for dollar, than meat or eggs or most other vegetables. It's good to eat; how good you don't know until you've had corn-bread properly cooked. Best of all, it's plentiful and it's patriotic.

Corn's Infinite Variety—How much do you know about corn? About how good it is? About the many delicious ways of cooking it? And what you miss by not knowing more about it? Here are a few of its uses:

There are at least fifty ways to use corn meal to make good dishes for dinner, supper, lunch or breakfast. Here are some suggestions:

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| HOT BREADS | DESSERTS |
| Boston brown bread. | Corn-meal molasses cake. |
| Hocake. | Apple corn bread. |
| Muffins. | Dumplings. |
| Biscuits. | Gingerbread. |
| Griddle cakes. | Fruit gems. |
| Waffles. | |

- | | |
|------------------------------|-----------------------|
| HEARTY DISHES | |
| Corn-meal croquettes. | Corn-meal fish balls. |
| Meat and corn-meal dumplings | |
| Italian polenta. | Tamales. |

The recipes are in Farmers' Bulletin 565, "Corn Meal as a Food and Ways of Using It," free from the Department of Agriculture.

WHEATLESS BISCUITS.



Wheatless biscuits are the feature of the new diet. They are made with one-half a cup of corn meal and one-half a cup of flour. They are frequently until it is done. The other ingredients are one cup of milk, one and a half cups of water, one and a half cups of peanut butter, and one and a half cups of shortening. Beat thoroughly in the meal. Beat thoroughly until the mixture is of such a consistency that it can be dropped from a spoon. This makes 18 biscuits. Each contains one-half cup of corn meal.

DELICIOUS CORN MUFFINS.



Here's an old fashioned recipe for corn muffins that has recently been revived and used with unusual success in several of the larger New York hotels: To make three and a half dozen muffins take one quart milk, six ounces butter substitute, twelve ounces of light syrup or honey, four eggs, pinch of salt, two ounces baking powder, one and a half pounds cornmeal and one and a half pounds rye flour. The butter and syrup should be thoroughly mixed; then add the eggs gradually. Pour in the milk and add the rye flour mixed with cornmeal and baking powder.

CREDITORS NOTICE
Having qualified as executrix of the estate of J. A. Moore, deceased, notice is hereby given that all persons indebted to said estate are hereby requested to make payment to the undersigned and all persons holding claims against said estate are hereby requested to present the same duly authenticated within the time provided by the law or this notice will be plead in bar of their recovery.
MRS. EMILU MOORE, Executrix.
1-31-4t.

CREDITORS NOTICE
Having qualified as administrator of the estate of John Odom, deceased, notice is hereby given that all persons indebted to said estate are hereby requested to make payment to the undersigned and all persons holding claims against said estate are hereby requested to present the same duly authenticated within the time provided by the law or this notice will be plead in bar of their recovery.
EDDIE ODOM, Administrator.
1-31-4t.

NOTICE
Take notice that the Spring Term Court of General Sessions for the County of Dillon will convene at Dillon, S. C., on the 18th day of February, 1918, at 10 o'clock in the forenoon.
JNO. C. BETHEA,
1-24-4t. C. C. P. & G. S.

SUMMONS AND COMPLAINT
The State of South Carolina, County of Dillon.
In Court of Common Pleas
Marcus Stackhouse, Plaintiff;
Against E. C. Stackhouse, R. D. Stackhouse, Taylor Lewis, Leon Lewis, Marvin Lewis, Maggie Lewis, Victor Lewis, Addie Clark, Odel Lewis, Rupert Lewis, Evan Lewis, Ernest Lewis, Wade S. Pipkin, Marion B. Pipkin, Neill LeGette, James LeGette, Rubie Stanley, Lottie Graham, John LeGette, Mastin LeGette, Frank B. Stackhouse, Mat Hargrove, J. P. Stackhouse, M. C. Stackhouse, I. P. Stackhouse, Jr., Ida Stackhouse, Charles Stackhouse, Victoria Stackhouse, Alken Laurence Edens, Willie Ed Edens, Mary Lee Harris, Mabel Julia Minefee, Alford Grady Edens, L. Cottingham and J. E. Cottingham, Defendants.
To the Defendants above Named:
You are hereby summoned and required to answer the complaint in this action which was filed in the office of the Clerk of the Court of Common Pleas for said County, on the sixth day of February, 1918, and to serve a copy of your answer to the said Complaint on the subscriber at his office at Marion, South Carolina, within twenty days from the service of this summons, exclusive of the day of such service; and if you fail to answer

the complaint within the time aforesaid, the plaintiff in this action will apply to the Court for the relief demanded in the complaint.
Dated February, 7, 1918.
JAS. W. JOHNSON,
Plaintiff's Attorney.
2-7-6t.

BANKSTON BROS.
Roberts, Ga., Jan. 21, 1917.
Old Kentucky Mfg. Co.,
Paducah, Ky.
Gentlemen:
A Mr. Will Wachter of this county had some hogs that were down with cholera and had given up all hope of saving them and would not spend one penny on them. I gave him one 15 pound pail of your B. A. Thomas' Hog Powder and he has just come in and paid me for it and advises that every one of his sick hogs got well and that he had killed them and now has them in his smoke house and that they were as fine as any he had killed this year.
I want to add that he said his hogs were down and so sick that he had to prize their mouths open and his wife poured the powder down their throats.
Please find check in full of my account and with kindest regards we beg to remain,
Yours very truly,
BANKSTON BROS.
M. A. STUBBS.—Feb. 18.

TAX RETURN FOR 1918

To Be Made by School Districts

Returns of real estate, personal property, new buildings, transfers of real estate, income, poll, road and dog tax are to be made at County Auditor's office, beginning January 1 to February 20, 1918. All returns must be made by school districts. Your failure to make returns calls for 50 per cent. penalty as prescribed by law. Do not wait until the last day to make your return.
JNO. W. GADDY, County Auditor.

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