# Mabitual Constipation

May be permanently overcomo by proper personal efforts with the assistance of the one truly beneficial la cative remedy. Syrup of Figs & Elixir of Senna, which enables one to form regular habits daily so that assistance to nature may be gradually dispensed with wt ino longer needed as the best of n wies when required are to assist nature, and not to supplant the natural functions, which must depend ultimately upon proper nourishment, proper efforts and right living generally. lo get its beneficial effects aiways buy the genuine,

CALIFORNIA FIG SYRUP CO.
SOLD BY ALL LEADING DRUGGISTS
ONE SIZE DRLY-DEGLE AN PRICE SO PER BOTTLE

When You're Hoarse Use CURE

THE CEST NEDICINE FOR QUEHS 40 QLDS Gives immediate relief. The first lose relieves your aching throat and allays the irritation. Guaranteed to contain no opiates. Very palatable. All Druggists, 25c.

"Neck's Bronen, Doc; Can't You Dress It?"

Claiming to be the only living man in the world with a broken neck, Teddy Williams Peters, forty years old, walked into the Memorial Hospital at Richmond Oct. 3rd, and made off-hand request that physicians set, dress it and start him on his way again to New York. Dr. Cunningham looked him over, without making any critical examination, Peters meanwhile explaining that his neck was broken when the Quebec Bridge over the St. Lawrence River fell on August 1, 1907, killing 250 people. He was removed to New York for treatment in St. Luke's Hospital, and has been traveling from place to place in the hope of regaining his health and strength.

Wrapped fast around the man's neck is a thick silver band, which is kept in place by a leather collar three inches wide. From the top of his head three bands of steel reach down below his shoulders and connect with a steel belt around his waist. The only hope of saving his life, he explained, was in keeping the steel harness intact, for if it is once removed he will choke to death.

According to the statement he made to Dr. Cunningham, Peters has been spending some months in Hot Springs, Ark., and finds it necessary to break the journey at various places in order to have his neck dressed. He stopped at Farmville on Saturday, when he saw Dr. Anderson.

The first thought that hopped into the mind of the hospital doctors and reporters was that Peters was connected with some show at the Fair Grounds, though he rather resented that suggestion, declaring that he had refused \$3,000 a year offered by Barnum and Bailey because of the possible effect he said it might have on his suit for \$100,000 damages against the Pheonix Bridge Company. While Dr. Cunningham administered slight treatment, he did not undertake to say whether Peters had a broken neek or dislocated vertebrae.

### Wit and Wisdom.

The world is perfectly beautiful, for it is a work of God. We hang little thieves and take our

hats off to big ones .- German. The study of vain things is labor

ious idleness .- German. So. 43-'09.

### A BANKER'S NERVE Broken by Coffee and Restored by

Postum.

A banker needs perfect control of the nerves and a clear, quick, accurate brain. A prominent banker of Chattanooga tells how he keeps himself in condition:

"Up to 17 years of age I was not allowed to drink coffee, but as soon as I got out into the world I began to use it and grew very fond of it. For some years I noticed no bad effects from its use, but in time it began to affect me unfavorably. My hands trembled, the muscles of my face twitched, my mental processes seemed slow, and in other ways my system got out of order. These conditions grew so bad at last that I had to give

up coffee altogether. "My attention having been drawn Postum, I began its use on leaving off the coffee, and it gives me pleasure to testify to its value. I find it a deli-cious beverage: like it just as well as I did coffee, and during the years that I have used Postum I have been free from the distressing symptoms that accompanied the use of coffee. The nervousness has entirely disappeared, and I am as steady of hand as a boy of 25, though I am more than 92 years old. I owe all this to Pos-"There's a Reason." Read the

in pkgs. Grocers sell. Ever read the above letter? A new c appears from time to time. They ine, true, and full of human

little book, "The Road to Wellville,"

## THE PULPIT.

A BRILLIANT SUNDAY SERMON CY REV. J. H. JOWETT, I.I. A.

Theme: The Christian's Resources.

New York City .- The Poy. J. VI. Jowett, M. A., the most famous minis-ter of Carr's Lane Congregational Church, Eirmingham, England, who is on a visit for the first time to this country, preached Sunday in the Fifth Avenue Presbyterian Church. The sermon was on "The Christian's Resources." Mr. Jowett's text was Luke 14:31, "Or what king going to make war against another king, sitteth not down first, and consulteth whether he is able with ten thousand to meet him that cometh against him with twenty thousand?" He said: Our Lord was always seeking to get men to sit down to think. He seeks to win their judgment, to touch their reason, that they may see the

their reason, that they may see the reasonableness of His doings and the reasonableness of His doings and the reasonableness of His evangel. He is continually calling upon men and women to think. "What think ye?" "What king." He says. "about to engage in a campaign sitteth not down first to estimate the strength of the foe and the strength of his own resources, and then ascertain whether there is legitimate hope of his forces

being able to meet and conquer those who oppose him?"

My simple purpose to-day is to ask you to do this little thinking, to meditate on what kind of enemy we have to meet, and I pray you not to let your thoughts wander away to a faroff world, but let us consider what enemies we have to meet in this enemies we have to meet in this world where we have to labor and die, and whether we can with our own trength overcome them. And if not let us turn to those resources which are offered to us in Jesus Christ, our Lord.

Now what are these enemies that we have to meet? What are the ene-mics in front of us? I repeat our Master's own estimate of the foe which every one of us will have to meet to-day and to-morrow. Jesus Christ calls one "the world." Now what is the world? We sometimes say a man is a worldly man. What is the significance of the term? Too frequently when we use this term we refer to something a man does or leaves undone. Men may be habitues of the theatre, or fond of cards, and we say they are worldly; and people who abstain from these things are labeled unworldly. I do not think that covers it in the slightest degree. Worldliness is not implied in what we do or do not do. Worldliness is not in doing this, or not doing this. Worldliness is in the spirit. It is the atmosphere of the soul. Worldliness is the spirit of the horizontal. the spirit of the horizontal. Worldliness looks on and out, but it never looks up and prays. It is ambition, not aspiration. Its motto is "forward," never "upward." Its goal is success, never holiness. Worldliness is life without the vertical, without the upward calling in Christ Jesus, our Lord. And whenever you find a man or woman, no matter what they do or den't do, who always looks out to the horizontal end, men and wom-en who have no ideal, no aspiration, no heavenly vision, no prayer, those are men and women who would be described by the Master as "of the world, worldly." Every dy here knows what an exceedingly strong gravitation there is toward the horizontal life. In the church and extend zontal life. In the church and out of it you feel this tremendous mesmerism, this worldly fascination, leading us to turn our eyes from the heights, from what Paul calls "the heavenly things in Christ Jesus." We have got that force of gravity to meet—

the world. Then there is the "flesh." Everyone knows the power of the flesh; not merely the carnal power of the body, but of carnai power expressing itself in vanity and pride. The flesh that bows down the soul and rides it. movements of the flesh. We have the "flesh" to meet, whether in appetite alesh" to meet, whether in appetite or carnal desire. "The world, the flesh and the devil." I do not know how I can define the devil, but Paul's phrase always seems to describe my relationship with the devil better than any other: "The prince of the power of the air." He does not leap upon you like a lion. The devil usually appears as "the prince of the power of the air:" and he comes into every life and lets down the temperature; life and lets down the temperature; he changes the moral atmosphere You were just praying fervently, and suddenly you experienced a chill. is "the prince of the power of the air." You start with great zeal to lead a clean life, and before you know it the temperature is percentibly chilled. "The prince of the power of the air" quietly, silently makes that theman dous change in your moral life by influencing and changing the atmos We have got the devil to

phere. Have you anything else to meet? Yes, the fourth enemy is the binding power of guilt. In my country there are prominent men who say that men and women have no longer the sense of guilt. I cannot regard that as healthful. There are many who cannot hear the voice of God who are nevertheless pursued by their guilt. and see the lightning to have proof of the storm. The souring of the milk in the dairy proves the storm's presence, and there is often the proof of the Lord's presence and of guilt in the souring of the disposition, the manufacturing of cynics. The man comes a cynic, the optimist becomes a pessimist. These things have regis-tered themselves as "the binding pres-

It is the bondage of to-day that comes from yesterday's sin. We have got that to meet. There are men and women who have that paralyzing power of their own yesterday from

which they cannot escape. Still one more enemy we have to meet; the tremendous impetus of the the quiet habit. Everybody has cer-tain habits which are determining the trend and tendency of their lives.

There is nothing in human life which is triffing. The most apparent triffe has its quota of energy and it emphasizes that energy in the nain river or our life and determines its course.

# The Sunday-School

INTERNATIONAL LESSON COM-MENTS FOR OCTOBER 24.

Subject: Paul a Prisoner-Before Festus and Agrippa, Acts 25:6-12-Golden Text: 2 Tim. 1:12-Commit Verses 26, 27-29

TIME .- A. D. 60 or 61. PLACE.—Caesarea.

EXPOSITION. — I. Not Disobe-dient Unto the Heavenly Vision, 19-23. Verse 19 contains the key to Paul's life and successes. Christ spoke. Paul hearkened and obeyed. The heavenly vision, the call of Christ, comes sooner or later to every man. To hearken means blessing and joy and victory; to refuse to hearken means wretchedness and ruin (cf. Isa, 50:5). How Paul obeyed appears in Gal. 1:15, 16. Heavenly visions are not to be trifled with, but promptly, unquestioningly, exactly obeyed. Paul began his testimony obeyed. Paul began his testimony right where he was. The apostles were to begin in Jerusalem (Luke 24:47), where they were. Paul was in Damascus, so he began right there Paul was to be a foreign missionary Paul was to be a foreign missionary, but he proved himself first on the spot where he was converted. The substance of Paul's message to Jew and Gentile: "Repent and turn to God and do works worthy of repentance" (comp. ch. 20:21). To repent is to radically change one's mind; to be a few or conductions on the page one's mind cheeper one cheeper o change one's mind about God, about sin, and especially about Christ; to change from a mind that loves sin to a mind that hates sin; from a mind that sourns God to a mind that yields joyfully to God; from a mind that rejects Christ to a mind that accepts Him as Saviour and as Lord. To turn to God is to turn our faces, which are away from God in fear and dislike and disobedience, unto God in trust and love and obedience. The "works worthy of repentance" are the works which He commands in His word (see, e. g., Luke 3:3, 11-14: 19:8, 9; Eph. 4:17-32). The turning to God is the inevitable outcome of repentance, and "works worthy of repentance" are the fruit and proof of the genuineness of the repentance and genuineness of the repentance and turning to God. "For these causes turning to God. "For these causes the Jews caught me in the temple, and went about to kill me." That was a strange cause to kill a man for, but the heart of the Jew was "deceit-ful above all things and desperately wicked" (Jer. 17:9). And the heart of the Gentile to-day, of every one out of Christ, is just like it (Rom. 8: 7). The man who preaches the plain unvarnished truth of God is bound to suffer in this God, hating and truth-hating world (Jno. 15:19, 20; 2 Tim 3:12). But we can stand it if Paul did. and Jesus did: yes, and rejoice in it, too (Matt. 5:11, 12; Acts 5:41). There is a great utterance in verse 22: "Having obtained the help that is from God 1 stand." Angry, blood-seeking Jews against him, a loving suctified for him. That loving, sustaining God for him. That was Paul's position. So he stood. So can we. All we need is "the help which is from God," and that is at our disposal (see also v. 16; ch. 14: 19, 20; 16:25, 26: 18:9, 10: Ps. 18: 47: 27:1-3: Ps. 124:1-3, 8: 2 Cor. 1: 21:1-3, PS. 12:1-3, S. 2 Cor. 1: 8-19; 2 Tim. 4:17, 18; Juo. 10:28, 29; Heb. 4:16). Paul was now standing before a governor, a prin-cess and a king, but he never forgot the little ones of earth. His testimony was to "small" as well as "great." Many of us think the washer woman, the servant girl, the boot-

black and the coal heaver beneath our notice. Not so Pau!. II. Almost Persuaded, 24-29. Festus was getting excited. The Spirit of God was gripping his heart. Festus was unwilling to yield, so he called the preacher a crank. The devil has cheated many a man out of eternal life in that way. He has also cheated many a Christian out of a larger life in the same way. We must expect to be called crazy, if we soul's determining the get our message from God. That is the flesh. We have the what they called Jesus (Jno. 8:48, 52). Note Paul's unfailing courtesy Many a man is loyal to the is called "mad" for it, and then goes to scoring his traducers. But in Paul unflinching fidelity went hand in hand with unfailing courtesy. Let us learn a lesson. Paul now turns directly to Agrinna with a tremendous, startling part soul-awakening question: "King Agripua, believest thou the prois a good question to put to the uncreation to nut also to unconverted conderfully the prophecies have been fulfilled. The argument from prophec; is unapswerable. Many are trying to break its force, but they have They have succeeded in utterly. turning the eyes of some foolish peofrom the contents of the prophecies to questions of authorship, but if any one will study the prophe themselves, instead of wasting time in the endless jangle of words about them, he will soon find that God is the real author, that the position of the destructive critics cannot be true, and that "Jesus is the Christ, the Son of God." Agripra's answer is full of suggestion: "Almost thou persuadest me to be a Christian." While the Authorized Version is not a literal translation of the original it comes far nearer to being a literal translation than the Revised Version The literal translation is: "In a little thou persuadest me to make a Chris-It is said that Agrippa said this in sarcasm. Perhaps so: but like many another, the attempted jest reveals the real state of the heart, Agrippa was deeply moved. He saw the cost of further consideration of the claims of Christ.

A BRIDE'S TOWELS.

A bride-to-be has ordered her everyday towels or fine bird's-eye, embroidered in fancy scallops at the ends, with two rows of large eyelets above, the lower rew coming in the scallops, form and the top row above the scallops. The initials are done in eyelet and solid embroidery combined, and a most attractive lot of household linen is the result.—New York Tribune.

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Rough on Rats fools the rats and mice, but never fools the buyer. The secret is, you (not the maker) do the mixing. Take a hint, do your own mixing; pay for poison only, then you get results. It's the unbeatable exterminator. Don't die in the house. 18c., 25c., 75c.

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Itched and Scratched Until Blood Ran \$50 Spent on Useless Treatments

—Disease Seemed Incurable—
Cured by Cuticura for \$1.50.

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It is the duty of men to love even those who injure them. Rough on Rats, unbeatable exterminator. Rough on Hen Lice, Nest Powder, 25c. Rough on Bedbugs, Powder or Liq'd, 25c. Rough on Piras, Powder or Liquid, 25c. Rough on Roaches, Pow'd, 15c., Liq'd, 25c. Rough on Moth and Ants, Powder, 25c. Rough on Skeeters, agreeable in use, 25c E. S. Wells, Chemist, Jersey City, N. J.

### One Wish Ungratified.

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Dr. Pierce's Pleasant Pellets cure consticause and you cure disease. Easy to take.

Proverbs and Phrases-The rude jester is brother to the

fool.-Irish. The strongest evidence of love is

sacrifice.—French.

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citizen.—Governor of Berlin,

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflamma-tion, allays pain, cures wind colic. 25c. a bottle.

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So. 43-'09.

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# In Bad Fix

"I had a mishap at the age of 41, which left me in bad fix," writes Mrs. Georgia Usher, of Conyers, Ga.

"I was unconscious for three days, and after that I would have fainting spells, dizziness, nervousness, sick headache, heart palpitation and many strange feelings.

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Whether from Colds, Heat, Stomach or
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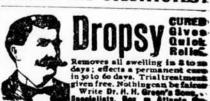


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