A Hasty Fruit Salad.

For a hasty fruit salad when fresh fruit is not at hand open a can of peaches, drain it and arrange the halves of the fruit on lettuce leaves, sprinkle them with shredded almonds and a few cherries if they are at hand, and dress them with mayonnaise. If nuts and cherries are not at hand the peaches are excellent alone.-Indianapolis News.

Plums, Fresh and Preserved.

While the finer varieties of plums make beautiful dessert, being rich and luscious of flavor, ther are not quite so wholesome uncooked as their next kin, the peach. When it comes to pickling and preserving, plums can hold their own every time. The fruit is found in nearly every part of this country, and the provident housewife feels that there is something decidedly lacking if her store of preserves has not its usual good supply of plum jam, plum jelly, plum cheese and plum conserve. For there are many delicious desserts to be made from plums, fresh or canned .- New York Telegram.

Scrambled Eggs With Asparagus.

Six eggs, two heaping tablespoonfuls butter, one gill of asparagus tips two tablespoonfuls cream, salt, pepper, paprika and grate or nutmes.

Boil the asparagus tip in boiling salted water until tender, drain well, put them in a saute pan with one tablespoonful of the butter, and saute over the fire for five minutes. Break the eggs in a basin, add the cream, season with a little sait, pinch of pepper, paprika and nutmeg; beat up well, put in a saucepan with the remaining tablespoonful of butter, stir over the fire for ten minutes, then add the asparagus, stir again until the eggs begin to set. Dish up on a hot dish, garnish with parsley and serve hot. Slices of cucumber in place of asparagus points will be found a nice change. A pinch of sugar should be added when sauteing the cucumber .-New York Press.

Meringues.

To each white of egg allow tw ounces of sugar. Whip whites till on taking away the whisk the egg froth stands up in solid points or is so stiff that it can be cut in two with a knife. Stop beating at once when this point is reached; stir in two ounces of sugar to each white of egg. Lay it in spoonsful on a baking sheet rubbed all over with white wax. Dust them with a little icing sugar and leave them in an oven for two or three hours, or until quite crisp and dry. The oven should feel just warm to the hand. If to be filled with cream or jam take them out of the oven before the bottoms are quite firm, press each of these into a hollow with the back of a spoon, then return them to the oven, bottom side uppermost this time, to dry them properly. When quite dry put aside to cool before filling them. These meringues can be kept if put in a tin .- Washington Star.



To acquire a straight back remem ber to keep the abdomen in and the

Cold water dashed on the face and chest each morning gives the same tonic effect as the cold plunge without danger of shock.

When the skin becomes overheated, as it too often does in summer, try putting a little baking soda in the water in which you wash. Nothing relieves the sting of mos-

quito bites or the intense itching of hives like bathing in a weak solution of carbolic acid and water.

Learn to relax if you would be free of lines in your face and cheat old age. Most of us keep ourselves at tension, mental and physical.

If relaxing exercises will take the kinks out of your face, relaxationthe kind best suited to your tastewill remove kinks from your soul.

If you overboil potatoes, you can drain off the water and dry them out over the fire. Afterward they can be mashed and beaten in the usual way.

A good furniture polish may be made of paraffine, oil and turpentine, Kerosene, too, is very good, while crude oil may be used to darken wood that has not been varnished.

Dandruff arises from different causes, but when it is very much in evidence it is usually a symptom of depleted roots and the scalp needs feeding with grease or tonics.

Brasses take a most beautiful polish if washed in a mixture made of one ounce of alum and a pint of lye, boiled together and used while still

Worn brooms or whisks may be dipped into hot water and uneven edges trimmed with shears. This makes the straws harder, and the ming makes the broom almost as

Do not neglect the value of fruit improving the complexion. Nothing equals the juice of oranges and smons to clear up skin and brighten yes. The latter must be diluted and en without sugar; a half-lemon to

FATAL MINE EXPLOSION

At Least Thirty Lives Lost-More Than Fifty Men Entombed, Only Twenty-Five of Whom Have Been

Nanaimo, B. C., Special.-Thiry lives are known to have been lost in an explosion that entombed more than 50 men in the Extension mine of the Wellington Colliery Company here Tuesday. Twenty-five of the imprisoned men were rescued, but the rapidly spreading fire prevented the rescuers from completing their work. Eight bodies were recovered and the workers late Tuesday night were making every effort to force further entrance into the two levels affected by the explosion in an effort to save any who may be living and to recover the bodies of the dead before they are consumed.

The fire was constantly gaining headway Tuesday night and while it continues there is little hope of the rescuers being able to reach the imprisond men. All the men rescued were badly injured.

The men employed in the collieries on Vancouver island are of the better class of British miners, are will paid and have comfortable homes.

The Wellington Colliery Company which owns the Extension mine is controlld by British Columbia capitalists, Lieut. Gov. James Dunsmuir being the head of the corporation.

CREW OF SCHOONER RELEASED Had Been Held in Mexican Prison Since September 4—Schooner Held en Charge of Poaching.

Pensacola, Fla., Special.—After be ing held in a Mexican prison at Progresco since September 4 and for the first seven days not allowed to even communicate with the American consulate, Capt. Joe Sclease and seven men of the fishing schooner Caldwell H. Colt of this port were released Tuesday, according to a telegram received by the owners of the vessel from the American consul. At the same time a letter reached here from Progreso from th captain who states that he is not allowed to communicate with the American consul nor will the officials tell him why he has been arrested.

The Mexicans have refused to give up the schooner, having lodged a formal complaint against her of poaching. The master of the schooner claims that he was caught in the gulf storm of nearly three weks ago and so badly damaged that he went into Progreso for repairs, but was seized immediately.

BLUK'S PROTEST REFERRED.

Appraiser at Philadelphia Will Investigate Classification in Tariff Law of Gum Rosin.

Washington, Special.—A protest of Henry Blun, Jr., of Savannah, Ga., to the Treasury Department that wrong classification in the tariff law was admitting gum rosin from abroad free of duty to the serious loss of the southern trade has been referred to the appraiser at Philadelphia for decision.

The appraiser will have to deal with a shipment from abroad and whatever he recommends in the matter will be approved by the Treasury Department. Mr. Blun was at the department Tuesday and conferred with Acting Secretary Reynolds and the matter was later put up to the Philadelphia appraiser for investigation and decision.

Under paragraph 20 of the new tariff law gum rosin, natural and uncomponded but advanced in value any process of treat ment beyond that necessary to the proper packing of drugs and the pre vention of decay or deterioration pending manufacture, is taxed onefourth of one cent a pound and in addition ten per cent ad valorem.

Walsh Must Serve Sentence.

Chicago, Special.-John R. Walsh convicted of misapplication of the funds of the Chicago National Bank, must serve the sentence of 5 years, imprisonment imposed upon him by the trial jury save in the event that the supreme court upsets the affirmation of the verdict of guilty handed down by the United States circuit court of appeals here Tuesday.

Judge Fite Places Stegall's Successor Under Bond.

Atlanta, Ga., Special.-Following close upon his action in the Stegall case, which resulted in a spirited clash between the State and Federal courts, Judge A. W. Fite has placed B. P. Thompson, Stegall's successor as government storekeeper and gauger, under bond of \$300 to appear at the next term of the Dade county court and testify in the prosecution of the Cureton distillery at Rising Fawn. Judge Fite himself is now under subpeona to appear in the United States court here on Thursday and testify in the Stegall habeas cor pus proceedings.

Report of Bales Ginned.

Washington, Special.-There had been ginned to September 25 counting round as half bales, 2,562,888 bale compared with 2,590,639 for 1908. These are the figures given in a report of the census bureau, issued last

The round bales included this year were 48,176, compared with 57,107 for 1908. The Sea Island cotton reported for 1909 was 13,826, compared with 11,457 for 1908.

As the fire burned the fence surrounding the parks the herds of buffalo, estimated at 800 animals, and a large herd of elk escaped. Many of the animals were killed.

The fires caused a financial loss that will run into millions.

IT HAS BEGUN.



ELECTRICAL SHOCKS TO DESTROY EVERY WARSHIP AFLOAT

Lewis Nixon Says Currents Flashed Through Air is Battle Method of Future-No Canger from Airships-Destruction So Terrible That Nations Will Be Forced to International Peace.

New York City. — Lewis Nixon, the Alps and made long voyages shipbuilder, graduate of the United against adverse conditions in all sorts of weather. His airship is larger than the American navy, flouts the theory that the airship in any of the forms. the American navy, flouts the theory that the airship in any of its forms will become a formidable war ma-

Instead, Mr. Niron believes that the death-dealing terror of the war of the future will be the electric shock.

This conclusion has been forced pon his judgment by a careful study of the subject of new war agencies and by closely watching the manoeu-vres of the Wright aeroplane as it sailed up the Hudson and circled the representatives of the world's great-

est navies.
In Mr. Nixon's opi on warships can guard against the langer of ex-plosives that might be dropped upon them by airships by specially pre-pared armor. He believes, though, that sooner or later there will be per-fected a gun or some other piece of mechanism for hurling a thunderbolt that will shock to death every man aboard a warship, irrespective of its protection. protection.

"I am convinced," said Mr. Nixon to a reporter, "that the thing could be done now, but the mechanism is so crude that the thunderbolt, or elecso cride that the thunderbolt, or electric impulse, would kill the man who should release it, as well as the enemy. It is possible, of course, that some foreign nation already has perfected the necessary machine with which to hurl this deadly bolt. I hope however that it has hope, however, that it has not been done. When the principle is mastered the result will make war so horribly destructive that the human race, through the hope of the second sec through the sheer force of nature

first law - self-preservation - will abolish war.
"The aeroplane is mainly interesting now on account of the fact of what may grow from it. Possibly we shall see them like swarms of giant locusts flying over and beyond armies, to occupy nositions and to cut off communications.

"For purposes of observation they will be of great use. The helicopter, owing to its smaller dimensions, seems best adapted to such uses, especially to be carried on the property of the control of the to be carried on men-of-war.

"Insofar as I can sec, the dirigible, which will combine much that the aeroplane is now proving out, is the

ship of the future

"Count Zeppelin has already crossed | are thrown now.

time. I look to see airships of the Zeppelin type half a mile in length. They will not come down to the earth any more than the Mauretania will anchor in a shallow stream, but will be anchored up in the air, possibly a

thousand feet or more. "Explosives will not be dropped down, as you could not hit a tug with an apple from the Brooklyn Bridge, which is only 130 feet high. Electri-cal guns will be used, of course, and heavy ones like our present powder

guns.
"Ships at anchor will send up balloons or kites to carry special illum-inants, and in time of war the heavens all around will be brilliantly lighted with special forms of rockets.

"Men-of-war will be protected best by special armament for attacking air craft. The airship, however, will rap-idly develop as a peaceful device and will soon be as much a necessity of modern civilization as the automobile. "The attraction of gravitation, be-

ing a condition of matter, may soon be comprehended in such a way that the repulsion which some way or some how balances attraction may be

utilized to man's advantage.

"The gas engine has made the airship possible. Years ago the French found that each horse power could lift this transfer. lift thirty-two pounds, so as much as we develop our horse power below this weight so much net lifting power

shall we gain.
"Eut you asked me as to the militory possibilities." continued Mr. Nixon. "We are on the eve of a tremendous and far-reaching change in mendous and far-reaching chauge in warfare. As long ago as 1900 I pointed out that soon thunderbolts would be thrown. The significance of a news item published about a year ago of a man receiving a shock which nearly proved fatal while talking over a wireless telephone was not then fully appreciated. It would be possible at the present day to shock to death every man on a vessel at five miles distance, but so far the impulse cannot be projected at any one mark. But direction and aiming will be mas-tered after a while, and then thun-derbolts will be thrown just as shells

STARVING ESKIMO SLAYS HIS CHILD.

icy wastes of the Far North formed can, which took them to Fort Churchthe burden of the news brought to ill, where they remained until the arthis port by the Hudson Bay Com-pany's steamer Adventure, which ar-rived with the crew of the lost Dun-rived with the crew of the lost Dundee whaler Paradox, in the story of an Eskimo, driven to cannibalism by starvation, who ate his child and shot several neighbors who attempted sum-

St. John's, N. F .- Tragedy in the | Hudson Bay Company's steamer Peli-

mary punishment.

The Paradox, one of the fleet of Dundee whalers, met the fate of her companion ship, the Snowdrop, which was crunched in the merciless jaws of the lee floes off Baffin Land early in Angust a year ago. The crew with the primitive law of their race. The August a year ago. The crew, with scanty provisions, made their perilous way over the broken ice toward the mainland and were picked up by the caped into the wilderness of ice,

EXPERTS TO ADVISE PITTSBURG.

Pittsburg. -Commission, fathered by Andrew Car-negle and H. C. Frick, announces that soon there will arrive in Pittsburg one of the most important and high priced trio of experts to be had in the country for the purpose of giving advice on Pittsburg's bad street car system, her river front and on plans for laying out the \$500,000 park which Frick has given the city of Pittsburg through his daughter Helen. Those who have been employed to come at a salary of \$800 a day ago are Bion J. Arnold, of Chicago; James R. Freeman, of Providence, and Frederick

- The Pittsburg Civic | figure out a way in which the transportation facilities of Pittsburg can be bettered. It is conceded that the street car service is about the worst in the country. Mr. Freeman is the hydraulic engineer whom President hydraulic engineer whom President Taft is said to have paid \$500 daily for making the trip to Panama, and he will take up the matter of Pittsburg's water frontage and suggest ways and means of saving the city millions yearly lost through the rivers' overflow. Mr. Olmstead will tell the people of Pittsburg how they can heat beautify the park land given best beautify the park land given them by Frick. It is understood that Law Olmstead, of Boston.

Mr. Arnold, who is an expert on street railways, will do his best to trio of experts.

It is understood that Mr. Carnegie and Mr. Frick share equally the \$800 a day paid to this

Nearly All Animals in Canadian Buffalo Herd Escape.

Calgary, Alberta. — Word was brought here by a man named Ed-wards that the Canadian buffalo park at Wainwright, Alberta, had been destroyed by the prairie fire which has been burning in that section.

Coal and Coke Advancing:

Roads Short of Cars. Baltimore, Md.—For the first time since the early part of 1907 the railroads entering Baltimore, especially those having a large coal tonnage, are face to face with a car famine. The Baltimore and Ohio Railroad began distributing coal cars on the percentage basis. In West Virginia scarcity of cars is more pronounced.

Practically every mine in Maryland and West Virginia is being operated to the capacity of the railroads. Prices of coal and coke are rising.

Facts For Sick Momen

We know of no other medicine which has been so successful in relieving the suffering of women, or secured so many genuine testimonials, as has Lydia E. Pinkham's Vegetable Compound.

In almost every community you will find women who have been restored to health by Lydia E. Pinkham's Vegetable Compound. Almost every woman you meet has either been benefited by it, or knows some one who has.

In the Pinkham Laboratory at Lynn, Mass., are files containing over one million one hundred thousand letters from women seeking health, in which many openly state over their own signatures that they have regained their health by taking Lydia E. Pinkham's Vegetable Compound.

Lydia E. Pinkham's Vegetable Compound has saved many women from surgical operations.

Lydia E. Pinkham's Vegetable Compound is made exclusively from roots and herbs, and is perfectly harmless.

The reason why it is so successful is because it contains ingredients which act directly upon the female organism, restoring it to healthy and normal activity.

Thousands of unsolicited and genuine testimonials such as the following prove the efficiency of this simple remedy.

Minneapolis, Minn.:—"I was a great sufferer from female troubles which caused a weakness and broken down condition of the system. I read so much of what Lydia E, Pinkham's Vegetable Compound had done for other suffering women, I felt sure it would help me, and I must say it did help me wonderfully. Within three months I was a perfectly well woman.

"I want this letter made public to show the benefits to be derived from Lydia E. Pinkham's Vegetable Compound."— Mrs. John G. Moldan, 2115 Second St. North, Minneapolis, Minn.

Women who are suffering from those distressing ills peculiar to their sex should not lose sight of these facts or doubt the ability of Lydia E. Pinkham's Vegetable Compound to restore their health.

Hoping For the Worst.

"Well, I can live in hope now." "What's happened?"

"Some of my rich relations have taken up aeroplaning."-From the

Detroit Free Press. Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules, easy to take. Do not gripe.

A day of sorrow is longer than a

nonth of joy .- Chinese. No matter how long your neck may be or how sore your throat, Hamlins Wizard Oil will cure it surely and quickly. It drives out all soreness and inflammation.

Money amassed either serves ules us.--Horace. So. 42-'09.

Trouble can be cured only through its source. Allen's Lung Balsam reaches the root of your cough and cures it.

Nothing to Worry Her. "My wife is very miserable."

"Wat's the reason? She hasn't a thing to worry about."
"That's the reason."

TOTAL LOSS OF HAIR

Seemed Imminent—Scalp Was Very -Scalp Cleared and New Hair Grown by Cuticura.

"About two years ago I was troubled with my head being scaly. Shortly after that I had an attack of typhoid fever and I was out of the hospital possibly two months when I first noticed the loss of months when I first noticed the loss of hair, my scalp being still scaly. I started to use dandruff cures to no effect whatever. I had actually lost hope of saving any hair at all. I could brush it off my coat by the handful. I was afraid to comb it. But after using two cakes of Cuticura Soap and nearly a box of Cuticura Contract. nearly a box of Cuticura Ointment, the change was surprising. My scalp is now clear and healthy as could be and my hair thicker than ever, whereas I had my mind made up to be bald. W. F. Steese, 5812 Broad St., Pittsburg, Penn., May 7 and 21, '08." Potter Drug & Chem. Corp., Sole Props. of Cuticura Remedies, Boston, Mass.

Where the best wine grows the worst is drunk.-German.

They who forgive most shall be most forgiven.—Bailey.

For COLDS and GRIP. Hick's CAPUDINS is the best remedy-relieves the aching and feverishness—cure the Cold and restores normal conditions. It's liquid—effects immediately. 10c., 25c. and 50c., at drug stores.

When the tale of bricks is doubled then comes Moses.—Hebrew.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflamma-tion, allays pain, cures wind colic, 25c. a bottle.

The morning is wiser than the evening-Russian.

HIS DAYS NUMBERED.

How a Youngstown Man Disappointed the Pessimists. John H. Trube, 342 Harvard St.

Youngstown, Ohio, says: "In spite of three different doctors I was getting worse, and was told I couldn't live



for months. The urine was thick, passages were frequent and scanty and my head was sore and diz-I used Doan's Kidney Pills on the advice of a friend, found complete relief in time, and two years

kidney trouble." Remember the name-Doan's. Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

have now passed without a sign of

The passion for glory is the torch of the mind .- Spanish.

The higher the rise the greater the

AGENTS:—IF I KNEW YOUR NAME, would send you gift \$2.19 sample outfit free this very minute Let me start you in a profitable business. You do not need one cant of expital. Experience unnecessary. 5.) per centre of expital. Chance to win \$600 in gold stree. Every man and women should with at for free outst. Jay Binck, Pres., 390 Boverty Street, Bosson, Mass.

Food Products GRAND PRIZE

At the Alaska-Yukon-Pacific Exposition

PICKLES -- OLIVES -- CONDIMENTS -- CALIFORNIA ASPARAGUS -- PRESERVES -- JELLIES -- SALAD CRESSING -- CONDENSED MILK -- EVAPORATED MILK -- CALIFORNIA FRUITS CANNED MEATS

CORNED BEEF-SLICED DRIED BEEF-OX TONGUE-VEAL LOAF-WHERE QUALITY COUNTS WE LEAD

Your Grocer Has Them—Insist on Getting Libby's LIBBY, MONEILL & LIBBY