

Crossing the peet.
Physical culturists say that the prac-
tee of sitting with the legs or even the feet crossed is a bad one and has more
to do with cold feet than most persons to do with cold feet than most persons
imagine. It has this result principally through impeding the circulation of the blood in the leg that is crossed over
the other. The femoral veins are cramped, with the consequence that the blood is dammed back into the feet and
above the knee, inducing as vell cold feet a varicose condition in the veins of the calves. Another reason The fact that on general dheuraged is principles it is healthier to sit squarely whereas with the legs crossed the weight of the body is thrown almost
wholly to one side or the other wholly to one side or the other.

A stery illustrating the severe logic
of some juvenile minds is told by the mother of the four-year-old girl involved. One day this observant miss saw
a lame man on the street and asked her mother what made him walk so
queer. The mother told her it wno because one leg was shorter than the
other. "Well," she said. "there is a girl After a few minutes' meditation she remarked:
didn't give wasn't it funny that God didn't give the two long legs to the
man and the two skort ones to the giripe-Baltimowe st:


1abseled the Giris.
A good joke was played on the girls
recently by the younr men of a certain recently by the young men of a certain
town. The boys had been rather remis in their attentions, and the girls de-
cided to show their indenent edded to show their independence. Con-
sequently five of them hired a box at sechucutly live of them hired a box at
the theater and made a very charming theater party.
The play
The play was "Wanted, a Husband,
and the girls sat serene thenger and the girls sat serene through it all,
never dreaming that the enemy never draming that the enemy bad
fastened one of the posters, "Wanted, a
and IIusband." round the box so that the
$\qquad$
A north Missouri paper asks, "Who Is the happicr. the man who possesses
$\$ 100,000$ or the man who has seven daughters?" To whicho another ex-
chanse replios: "The man with the change repliss: "The man with the
surpius ziris. of course. The man with surptus wiris. of course. The man with
the money is not satisfied and wants
more. This man will the seven ters is shatisfied. With the seven daugh-
thas enough.-St Louis Post-Dispatch.
mixed Ranlities.
Pahson-Brudier Paxter's got some
good p'ints. He 'tends ehurch and c'tributes ken'rous to de sthpoht ob de
gospel. But bees tot gospel. But be's got some woful bad
habits too. He plays craps an' hisself wif intossicatin' stimbulants. Deacon-Dat's er fack. His good in pulsions am done offrset by his bad
habitations.-Kansas City Journal. $\square=$
is removed in large quantities from the soil by the growing of crops and selling them from the farm. Unless the Potash be restored to


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