

Garden and Household.

Domestic Recipes. MILK STAINS.—Milk stains on serge dresses may be removed by steeping the part in warm water.

MUFFIN BREAD.—Two eggs, one quart of flour, a pint of sweet milk, two ounces of butter, a gill of yeast, a teaspoonful of salt.

CONCRETE WATER.—One quart of alcohol, quarter of an ounce of the oil of lavender, and a quarter of an ounce of the oil of rosemary.

POUR.—Into the white of an egg, beaten till very light, stir six tablespoonfuls of powdered sugar, and spread over the cake while warm.

PLUM CAKE.—Nine pounds of flour, nine eggs, three pounds of sugar, one pint of yeast, one spoonful of rose water. Spice to your taste; wet with milk.

BERRY PUDDING.—One cup of milk, one cup of flour, one egg. If a large pudding is wanted, mix it in the same proportion. A little salt. Steam or boil.

FOR COOKS.—Four eggs, four cups of flour, four cups of milk, a small piece of melted butter and a little salt. These should be baked in gem-pans or small cups, which should be previously greased. Bake in a hot oven.

FRUIT CAKE.—One cup white sugar, one cup sweet milk, two and a half cups of flour, one egg, piece of butter size of an egg, one teaspoon cream of tartar, one-half teaspoon of soda, flavor with lemon, and bake slowly.

PUDDING SAUCE.—One-half teaspoon of butter, one and a half teaspoon of sugar, and one pint of strawberries mashed till juicy. (Canned berries may be substituted for fresh.) Beat the butter and sugar to a cream, then stir in the berries.

LEMON JELLY.—Two cups of sugar; yolk of three eggs; juice of two lemons. Cook jelly-thickened by setting in boiling water, and then add the well-beaten whites of three eggs; spread between layers of the cake, and trim off the top edges.

CRISP FOR THE SICK.—Two spoonfuls of finely powdered charcoal, drunk in half a tumbler of water, will in less than fifteen minutes give relief to the most distressing headache, when caused, as in most cases, by superabundance of acid on the stomach.

SNOW PUDDING.—Dissolve one-half a box of gelatin in one pint of cold water. After it is thoroughly dissolved add one pint of warm water, two cups of sugar, juice of two lemons. Let it cool, then put in the whites of three eggs well beaten. Serve cold with sugar and cream.

The Evil Nerves are Heir to.

The human body is a complicated affair. First is the bony form of framework, over this the muscular system, and overlying both, the nervous and intelligent one, and above all the brain, carefully protected by the skull, and far within us. From the brain go out little fine threads of nerves, communicating with all parts of the body; hence the mind may not be affected without influencing the body, or the body without affecting the mind.

The mind and body do not work independent of each other. A large proportion of the crimes committed come from a diseased condition of the brain. All suicides are committed through insanity, as well as many other murders. Organic disease of the heart is very rare, owing to the wise and peculiar distribution of its nerves. The left side of the body is more liable to disease than the right, owing to our being a one-sided people, and exercising one side more than the other.

Ladies who are very nervous, with the palms of their hands and hollow of the feet hot, put their hands in water to cover the pulse, the feet in water, and bathe the temples and head behind the ears. There is an electric action in water; it is also required for the system; five-eighths of the weight of the body being pure water, or should be. For pain or irritation in the small of the back hip-baths are good; for exhaustion and restlessness they are strongly advised. Turkish baths are also exceedingly beneficial, and may be taken by most people as often as once a week with good effect; they improve the complexion, and tone of the flesh.

The Creaking Spenders. "Matilda, you are the most good-for-nothing, trifling, owdacious gal that ever lived." "O ma," sobbed Matilda, "I could not help myself—'deed I couldn't." "Couldn't help yourself? That's a pretty way to talk! Ain't he a nice young man?" "Yes'm."

How to Make a Durable Whitewash. Take a sufficient quantity of good stone lime and sift it carefully in a close box, to prevent, as far as possible, the escape of steam; after it is thoroughly slaked pass it through a fine sieve. To every quart of this slaked lime add one quart of coarse salt and one gallon of water; the mixture then boils and skimmed clean; then to every five gallons thereof add by slow degrees three-fourths of a pound of potash—a four pounds of very fine sand—the finer the better. Coloring matter may be added to fancy. Apply with a brush or trowel.

In a Convoy.—A letter from Washington says Bertha Geroll, daughter of the late Prussian Minister to the United States, who entered the Ministry of the Visitation in the District of Columbia, about three years ago, took the final vows on Saturday, Feb. 7, 1874. The same day a nun died within the convent walls who had been there twenty-five years, and belonged in the past to a respectable official family, so numerous in Washington. Within the same walls are a daughter of the Emperor Irturbide and a daughter of General Scott. A few weeks ago the daughter of Admiral Sands took the white veil in this convent. Her father is a native of Maryland, and Superintendent of the Naval Observatory.

Statistics show that of the thousands who die annually, a large proportion are destroyed, not by old age, or by the natural exhaustion of vitality, but through intemperance, or disregard either on the part of the sufferer, or his parents, of the simplest laws of nature. Such being the case, and figures cannot misrepresent facts—the conclusion is that were the causes of intemperance, its kindred vices, and a disregard for natural laws, removed, the average length of the human life-time would be extended proportionately. What agent most rapidly, harmlessly and certainly will eradicate these vices, or the tendency to them, is the question which has been so thoroughly and persistently agitated as has the search for the philosopher's stone. The discovery has been made by Dr. Joseph Walker, whose widely known VINEGAR BITTERS are accomplishing wonders which the old fog doctors never dreamed of. Try them and judge for yourself, as thousands are doing all over the country.—Com.

A San Francisco paper mentions a bank in that city which in five years has repaid in dividends to the original stockholders the value of their stock, and has a cash surplus of a quarter of a million of dollars.

We should not hesitate to recommend to any friend of ours Purson's Purgative Pills; they are scientifically prepared, and are adapted to all the purposes of a good purgative medicine.—Com.

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Bronchitis. This is an irritation or inflammation of the bronchial tubes which carry the air we breathe into the lungs. It arises from a cold settled in the throat, from catarrh extending to these parts, from scrofulous affections, and from over-use of the voice. The irritation from over-use of the voice, and from colds, extending downwards, produces hoarseness, coughing, and spitting mucous matter, sometimes mixed with blood. It is chiefly dangerous from its tendency to spread into the lungs, and terminate in consumption. It is in the cure of severe and obstinate cases of this disease that Dr. Pierce's Golden Medical Discovery has achieved unparalleled success, and won the loudest praise from all who have used it.

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