Proprietors. SAM'L. W. MELTON,

An Independent Journal: For the Promotion of the Political Social, Agricutural and Commercial Interests of the South.

LEWIS M. GRIST, Publisher.

VOL. 1.

YORKVILLE, S. C., THURSDAY, MAY 10, 1855.

NO. 18.

# Choice Poetry.

THE OLD OAKEN BUCKET.

Dr. William J. Wetmore, of New York, has communicated to the Home Journal the fol. of those who are not. At length, in a pause lowing original anecdotes: "Samuel Wood. favorable to her purpose, Katy Remington, worth was, as everybody knows, a poet of no who never went to circle except when it met gem of the first water; and no American can of a vacant seat near Carrie, exclaimed-Woodworth, (who was a printer, employed in pattern to all young people, who have the mis- want something perfectly unique and beautiful an office at the corner of Chambers and Chat. fortune to belong to the same generation? - for the coming season? Godey's Fashion ham streets) and several brother typos, stop. Come tell me, before I die of envy." ped at the stavern'-there were no hotels in Carrie laughed heartily, although Kate's to get up a little tableau on a holiday? Godthose days-kept by one Mallory, in Fulton- rattlebrained entreaties were not new to her, ey's Mazzetint and Line Engravings furnish street, near where the Herald establishment, and declared there was neither any secret nor beautiful groups? Did we want to get up a now stands, to refresh themselves-a common anything wonderful about it. practice at that period, even with those of tens- "Must I give up?" said Kate, in a tone of straightway appealed to; or did we want to perate habits, which Mr. Woodworth possess, mock despair. "Why, I must tell you," she send some little nicknacks for Christmas presed in a pre-eminent degree. Maliory's can, labled, addressing her young companions, of cuts? Godey's Work Table is inexhau tible de-cie being of the first quality. Woodworth thought I would just bear in mind the num. And you will not wonder, made, that I value (who, by-the-by, was no judge of the matter) ber of times in a week that Carrie Lee was set the book when I tell you from that I first got pronounced it the dest liquor he had ever tas. forth to me as a model, and what do you think? the idea of maintaining us, my-chi, and b ted.' No said Mallory, 'you are mistaken'; why, only on the third day, my poor brain got that ald alone I have been able to carry it out. there is one thing, which in the estimation of so bewildered with their multiplicity, that I No wonder you are surprised uncle, for I date both of us, far surpasses this as a beverage. - was forced to give it up to avoid monomania say you never looked into a number in your What is that? asked the poet. The pure or some other dreadful thing. And now I whole life, and there is such a spirit of confresh spring water, that we used to drink from have been listening to such an enumeration of demnation among certain classes with regard to the old oaken bucket which was suspended in virtues, every word of which, although it only all such publications. Somebody, in the first but much, the matter with the present pre- he is most the object of derision-from one the well at home, after our return from the la- counts one when added to Carrie's praises, de- place, condemns a magazine, others catch the vailing treatment of infancy and childhood, - step of folly to another. By degrees they conbors of the field, on a hot sultry day in sum. tracts tenfold from ours, and I appeal to you infection, until the whole system is denounced. One fourth of the race die in the first year, tract an habitual relish for the style of convermer. True, true, replied Woodworth, who all, is it fair that she should keep this wonder, and mostly by those who, instead of socious and one half before five years. Can this be sation which enables them at once to display soon after left the place. He returned to the ful witchery all to herself?" printing-office, took his pen, and in a few hours . The Old Oaken Bucket' was in type!

tain. Here it is. How dear to my heart are the scenes of my childhood. When fond recollection presents to view! The orchard, the meadow, the deep-tangled wild-wood. And every loved spot which my infancy knew: The wide-spreading pond, and the nill that stood by it, The bridge, and the rock where the cataract fell,

The cot of any father, the dairy house nigh it.

And e'en the rule bucket which hung in the well.

The old caken bucket—the iron-bound bucket. The moss covered bucket which hung in the well That moss-covered vessel I bail as a treasure-For often, at noon, when returned from the field,

How ardent I seized it with hands that were glowing. And quick to the white pebbled bottom it fell: Then soon will the emblem of truth overflowing. And dripping with coolness, it rose from the well. The old oaken bucket—the iron-bound bucket. The moss-covered backet arose from the well.

How sweet from the green massy brim to receive it. When, poised on the curb, it inclined to my lips ! And now, far removed from that loved situation. The tear of regret will intrusively swell,

As fancy reverts to my father's plantation.

And sighs for the bucket which hangs in the well.

# For the Ladies.

### CARRIE LEE'S TALISMAN.

exertions, had supported her little brother and and the waste there!" Miss Tracy was nearly impossible, but here, as in everything else. sister; and, although she boasted no higher over-come. birthplace than one of the "cottage homes" of ". Have you been in?" inquired several vol- Cottages were just what I wanted: so." added America, far would it have been from the ces. nicest exquisite to couple with her the awkward manners and rustic complexion of the seen their hired man go to the Jest-fice alcountry lass. Nor did the graces of her per-, most every day, and fetch back lots of letters
son excel those of her mind, for so the facts and papers, and what looked to me like magato get southing which just suits me and willed it, that an uncle of her mother, wealthy, gines; so to-day, when I saw him bring home which an architect sould not improve, an and a bachelor, wanting sadly something to a bigger bundle than usual. I thought I dies: love and cherish, had resolved to make her his run in an satisfy myself once for all: so I went pet, and insisted on placing her at one of the in, and the man at the door took me right into pet, and insisted on placing her at one of the in, and the man at the door took me right into best educational institutions in the land. Here the room where they were setting, and what she passed the brightest days of her life inside you think I saw? Why all three of them, proving her advantages to the full, until her mother and girls, were realing them magazines.

Livill not attempt to describe the revulsion

proving her advantages to the fall, until her mother and girls, were reading their magazines.

seventeenth birthday passed; then she first rest and more in all, they dishrit seem one mite alized that her rations of sorrew had hereto, asbunded to be eaught so, and the girls didn't how many declared they never would confire, been withheld from her. The suddent oven by down their backs, but kept twirling that took place here, grandly out to be eaught so, and the girls didn't how many declared they never would confire, been withheld from her. The suddent oven by down their backs, but kept twirling that took place here, grandly out to be eaught so, and the girls didn't how many declared they never would confire the backs. But kept twirling that took place here, grandly on the back solves because the results of feeling that took place here, grandly on the place here, grandly on the back place here, grandly on the back place here, grandly on the place here. death of her mother, followed almost immediately by that of her father, recalled her from eye caught the name of one of them, and that distribution in exceeded all the steries they ever hear it exceeded all the steries they ever hear it exceeded all the steries they ever hear of vertable cooking, and of preparing multia life of pleasure to one of exertion. It was a was enough for me. I verse away sad blow for poor Carrie, but she became a we-will have a less attention.

What was it?" in juired several, in breathment grandmethers tell in the chimney-sermer in all were determined to subscribe, and many proved to him that he had not chosen his fas. Book!" And Miss Tracy having thus triums rie read to them the liberal terms which Government was vorite unwisely. But she had not heard all: plantly delivered herself, sattled down in her day offers to clubs. This they determined was the rie read to them the liberal terms which Government and account in this will save mense annovance, pain and accounts.

This runious to childhood to eat at the t on the settlement of her father's affairs, she chair, and seemed much relieved. found herself almost pouniless; only one thing ... Godev's Ladev's Book !" .. The very best remained to her, and her heart clung to this part of the day spent reading." ... And such wife and the rest to those who could not affor the sake of its former; it was a piece of reading." were exclamations heard on all sides ford to join. But Carrie's story was not over. ground, the prettiest site in the village, and from the good dames, and which were followhad been her mother's, and which was known ed by a general denunciation of all magazine midst of a knot of young people. "do tell us by the name of Wild Cherry Place; what had publications, in which the "Book," having the given it its name, no one could tell; certainly largest circulation, came in for the largest it was not the old elmatrees that were scatter- share. Then came a long list of accidents and ed so unsparingly over it. As Carrie glanced disasters occasioned by their reading, and a over the beautiful place, and felt that every grave homily on the corruption of the present tree, and nook, and rock, was linked with age, which would support such concerns. No memories of the dead, she resolved that nothing doubt all this was intended indirectly, to inbut the greatest necessity should tempt her to spire all the young people with gratitude, that relinquish it, and, at the same time, she like- they were under a supervision wise enough to cried at once. wise determined to refuse those kind offers of protect them from such calamities. aunts and uncles, to take charge of the young- Suddenly, Uncle Jacob exclaimed: "By

back to a pleasant afternoon in Carrie's pleas- ning smile playing round the corners of her ant parlor. It was "circle afternoon," and mouth. Thus appealed to, she started and Carrie was always sure of a large number; for looked confused. she was the foster child of the village; and What a stir among the good people! Carrie music that you have wondered so much about." pecially in young men, to render themselves and a half pounds. Her mate did not live. food, lived for two months entirely upon this was owing to her private counsel and aid .- Lady's Book, Uncle Jacob?" Why, hadn't Mrs. Seamer shown her own "Yes; Godey's Lady's Book." obey in everything and in nothing, to suit selves if we could."

everybody and please herself. But we are wandering. A goodly number had assembled at the sewing circle, and after the confusion heartily to see the doleful faces round her .selecting needles, the conversation flowed in so she began :usual current; that is, those present talking

ordinary merit. His 'Old Oaken Bucket' is a at Carrie's springing up and gaining possession read or hear it sung without being proud of "Now, Carrie, dear if you have a single his countryman-the modest, amiable and spark of mercy in your nature, I beg you to most worthy author. The occasion that call- give me your secret; do tell me in what way the value of the Lady's Book. There it was ed it forth is, of course, one of interest- you have contrived to become such a perfect the only source that never failed. Did we

voices, all chamorous for her secret, until sud- mind how I should live. Godey's Work-Table of his calfs, colts or pigs in any corresponding become inwardly impatient when it flags, and This sweet ballad immediately rose into the dealy one exclaimed to Uncle Jacob, who was suddenly occurred to me, so knitting, crothes period. What is the matter? universal popularity which it will always re- on a visit from the city; ...Oh, Mr. Harris, to ting, &c., tilled my head and time for the next. We find the following directions affect. ion. And if a man of grave aspect and more

"Well, really," said old Uncle Jacob laugh. how well I succeeded in that, for I could still tained: ing, wit's just what I've been often puzzled continue my own work during the intervals of Prior to the growth of the decidaous teeth. The with peals of laughter, while he labors in about myself. Carrie tells me she has a pow, teaching; when the market here failed a friend let the food be that only which nature has pro- his heavy accountrements, after his light-armed erful talisman that aids her, but what that is, in the city offered to dispose of my articles yield. Let this rule be as fixed as the laws antagonist, and receives at every turn a shower is more than I can find out."

any Egerias hid down in that delightful Wild little boquets of worsted flowers, which adom this rule. Cherry Place, let us all have the benefit of it." many of your shelves, came also from to dev." During the presence of the first error of teeth. We again propose this advice to those of our "Oh, Uncle Jacob!" began Carrie, not "And that superbolk embroddery!" eriod

knowing what to say. But she was relieved from her embarrass- ... And the sebeautiful corners for handkerment by the sudden and flurried entrance of chlefs!" said another, Miss Tracy. Every one knew when she ar- ... And all your olegant lamp mats ! ... rived they might expect to hear the latest bit claimed a third.

of news out but to the numerous inquiries why call, all from Godey," said Carrie with

folks that's just moved from the city into the which was mothers, and where father always house across the road from ours: they say it wanted so much to build a house, just in that warrantable and dangerous to life. Linen, a accompany the kind a commended. But we do was on account of his wife's health, but dear- large open spot, between those two largest a-me, if she thinks she's goin' to got strong elm-trees; well, I determined long ago, if ever doin' as she's doin', she's mistaken, that's all I had money enough to earry out his plan, and I've got to say. Why, only vesterlay, Janet Protty Carrie Lee! she had been three years told me, she believed Mrs. Churchhill didn't enough provided I could dispuse with the an orbhan, and during that time, by her own go into the kitchen from one week to another: lab rs of an architect. This, at first, seemed

win golden opinions from Uncle Jacob, and "What do you think! Godey's Ludy's wanted to write that very afternoon, but Car-

er children, and nobly to depend on her own the wat, Carrie, what did you want of Godey's exercions. Carrie had a secret talisman that Lady's Book, which you told me you would she was thinking of all this while, and relying rather I would give you than anything else?" kind they had ever seen. upon its aid to carry out her determination .- Now, you must know that during all this What was it fair reader? You shall see. discussion Carrie had not said a word, but had But to relate things as they happened, go sat quite still; only now and then a quiet cun-

she was the dead that there was not a good lady there who did not Lee have Godey's Lady's Book. Impossible! But now supper was announced, and the acceptable in social intercourse to the female. She has always been an unusually small eater, broth, at the end of which period her health secretly think that all her (Carrie's) success they had not heard aright "Was it Godey's conversation was suspended until after that sex, should betray them into s mode of beha- and accustomed to labor.

favorite way of darning, and Mrs. Tuft given Could it be? Had the pet of the whole liged several times to wipe away the tears that triffing to be the way to please, should become ter by assuming something more than the Greher herbs from her own choice collection !- village worn a mask all this while which was would come remarked that he would just walk a triffer? that he who, by the casual introduction is the usual effect of ma-Hadn't Mrs. Skimpton advised the arrange- new so unwittingly torn aside. There were to the post-office or so far a little exercise. tion of a subject which seemed to call upon the king her look taller than she is. Her comment of the kitchen, and Mrs. Whitten that of looks of consternation and alarm. sly glances ... What cook-book do you use. Carrie?" said reason to exert itself, has brought an ominous plexion is fair, her eyes blue, and the very her parlor? while Miss Tracy had daily adver- and winkings from these who were jealous of Mrs. Skimpton. ner parior, while the gossiping affoat? And Carrie's favor, while the faces of the younger | Carrie's hand was laid on her unfailing, should guard against a repetition of the of- is said to be a true index to her character. Carrie, dear creature, with that admirable tract portion looked, as plain as words could say it. Godey. "Don't you think," she said, smiling, fence? But it is not only to women of mod- ... We are assured that she never, as nurse. that belongs only to woman, had managed to ... What harm is done? we would read it our- ... it's well worth the subscription?"

to confess the truth, she could have laughed

Kate at rest. Godey is my talismun, which

you have been so naughty as to tell of." Nothing but intent looks of expectation; so

"When I was at boarding school, I learned Plates, are elegant and reliable. Did we want little fancy ball? Godey's costumes were

voices. "Come, come, Carrie, if you have got from the September number of Godey. My the first teeth are grown. No exception to

she was so late, she maintained steady reserve until dive-ted of her numerous wrappers and ber fixed the gladest smile imaginable. Every numerous wrappers and ber fixed the gladest smile imaginable. Every numerous overshees; then seating herself in a very consequence of an equitionally able to offer something about a month age. I found I had money my talisman did not fail me: Godev's Model Carrie, taking a beautiful little portable desk

> the best way to do the thing, and the extra copies should be given, one to the minister's

> "Do tell me," said Kate, who was in the about this pretty desk of yours! At a distance we thought it the Japanese work, but on a closer inspection, we find it is not."

"This," said Carrie, smilling, "was an old pine thing, and Godev's good hint on Angle-

ber which was taken by her companions with a finds welcome hearers. Heice, also, discourse is still growing. She has heretofore maintain- greater publicity to so simple a thing if a new

.. And Fashion Plates ... said another.

her spectacles, "I never."

had not done so years ago.

Carrie thought she had.

massed: this, of course, becomes yours."

What more could Carrie desize? Her inome, though not very large, was sufficient not resist the impulse which they feel to lead

#### CARE OF INFANTS.

there. That beautiful sofarillew, Mrs. White of the Modes and Persians. Milk should be of arrows, which he can neither parry nor

"until the permanent and adult tooth are may wanter female friends who may chance to look end wheat bread. A better regimen cannot the orthe ground that the aim is not suffi-

but three times in twenty for hours. And The care of the family will be declary of the care of the care of the result. Never and talk injunction, sphere of existence—and family cares will also to make adopting this rule. Feed the child ways, as new, be made up of details, small in

erib, but let it be lone with even care. It monitumes bewhere we have exercise than it can take itself. There are, for instance, families who never that, in a certain stage of this disease, the Issorian should be seen, wholly one eat seed bread from one century to another. Transmissible Remarks that it must not be another entering the first seed against the seed aga

plaint and difficult teaching, is held from to produce, are never seen here; even a dish broths prepared by boiling are deficient; in bloth, Cultivate uniformity in all its wants of post as council get themselves well boiled, fact, in all those constituents necessary for exections of all here clarmingly peruicious. - nursing is concerned. These things ought contains very little of this material, for it

act order. Regularity in this will save im- make pleasant the table and all about it, are doubtful. The new broth contains, besides

Tis runious to childhood to eat at the tables of adults. So loaded are they with all kinds of drink and edibles, that if they eat at them. they form a taste for all, and soon eat some of

### CONVERSATION.

and especially among those tho are not remar- woman : Japanese work came just in time to save it kable for the strength of their understandings, ... The Maine giantess, Silva Hardy, is a na- fresh, and not several days old. and who have not been accestomed to estimate tive of Wilton, in Franklin county, Maine-is This broth is now in use in the hospital and Whereupon Carrie produced the July num- flatteries, as silly as they are gross, too often ty pounds—is nearly thirty years of age, and I should, perhaps, have hesitated to give "Here is one of the cottages " cried a third. dress of the present company, or of their ac- practice this vocation. was over. Then Uncle Jacob, who had not vier which they perceive to best generally wel- "Her figure is not erect. Like too many spoken since Carrie began, but had been ob- come? Is it wonderful that he who discovers tall people, she seems to strive to appear shorvawn over the countenance of his fair auditor. modest and mild expression of her countenance by adding burnt sugar .- [Translated by a erate capacity that hours of trifling and flip- takes an infant in her arms, but always holds it

"Carrie blushed (what wonder) although, between laughing and cryiar, while she wiped those of superior talents they are not unife- of her fingers, its feet extend toward the wrist, quently known to give a degree of entertain- and with the thumb and little finger elevated, By this time the men had come, who were ment, greater than, on slight consideration, of finding and fitting work, sorting thread, and But Uncle Jacob's question must be answered: each, in turn, obliged to listen to a recapitula- we might have expected. The matter, howtion of Carrie's wonderful story, and nothing ever, may be easily explained. Some women, "Well, uncle, I will tell you what I wanted | would suffice but Carrie must finish the even- who are endowed with strong mental powers, with it, and perhaps my answer may also set ing by reading something from the book, and are little inclined to the trouble of exerting letting each see for himself. Carrie produced them. They love to include a supine vanity the number, and regaled them for the rest of of thought; listen to nonsense without dissatthe evening with some of the richest things a isfaction, because to listen to it requires no ef- door, instead of upon any lower object, as a ta- ery woman to look as pretty as she can: Some magazine ever offered to the public. The cir- fort; neither search, nor prompt others to ele was held to a late hour, and all departed search, deeper than the surface of the passing resolved to subscribe, and only regretting they topic of discourse; and were it not for an occasional remark that indicates discernment, or of arrie," said Uncle Jac b, when all had a look of intelligence which gleams through cone, ...did you ever hear your mother speak of the listlessness of sloth, would scarcely be sus- large pan of milk in each hand, her hair caught Miss Zilphia Harris, a relative of pected of judgment and penetration. While upon a hook which projected two or three inchthese persons rarely seem, in the common in- es from the ceiling, and held her fast. She

tercourse of life, to turn their abilities to the could neither stoop to set the pan down nor "Well," continued Uncle. "I have just re- advantage either of themselves or of their raise her hands to disengage her hair, and was elyed a letter stating that she has died, leav. friends; others, gifted with equal idents, are ag to your mother the formal which she has tempted to misapply them by the conscionsness brought others to her assistance." of possessing them. Vain of their powers, and of their dexterity in the use of them, they can-

to support her in case and goafort. The cot- a port and coxcombical young man, whenever tage was built, and never does the circle meet the falls in their way, to expose himself. The waiting. at Carrie's without calling me that ever me- prattle which they despise, they encourage : morable afternoon when she first disclosed her because it amuses them by rendering the speaker ridiculous. They lead him on, unsuspicious of their design, and secretly pluming himself on his happy talents in rendering him-It is evidently that there is only something, self agreeable, and delighted the most when have only heard. But to tell you what it has the ordinance of Providence? Is this to be their own wit, and to gratify their passion for Hereupon Carrie was assailed by numerous done for me. When I was resolving in my always so? The farmer does not less one half mirth, and their taste for the Indicrous. They more impatient, when it meets, with interrupyou just tell us how Carrie manages so nicely; three months. My articles sold readily and They seem to us eminently just, though a lit- wakeful reflection, presumes to step within the indeed, I think it is her duty to let at least well, for it was something quite new here, and the extreme, perhaps, in some particulars. We sircle, they assail the unwelcome intruder with Fanny into the secret," she added, glancing this encouraged me to open a little school for should like, however, to see them followed out a volley of brilliant raillery and sparkling rearchly at a friend near, a bride of two weeks, teaching others the same thing; you all know a few times, that the effect might be ascer- partee, which bears down knowledge and learnbefore it, and convulse the delighted audi-

#### LEARN TO COOK WELL.

ture. Let the find of the child be new milk and this this formal. There need to be no serube obtained. It is just what the growing be, ciently high for a generous and cultivated Let the infant and the ch d have its food vated for the highest and most gifted spirit.

grown, drawrs, st skings, and a blanket, are not believe that health is promoted by eating all that the infant should wear. At this perison wearr as or doughy bread-or that to secure

yet comparatively hard bed, let this be in a rors of which we speak, to rush into the opposafe crib. Let this be its home. Handle it site extreme. Good cookery does not consist men and hematin is deposited. as little as possible. To not carry it or hold in producing the highest seasoned dishes, nor. A young lady of 18 years, in my family, . Never move it subleniv, by its arms. At such as foster a morbid appetite, but in prepaits meals, we, it must be removed from its ving every dish well, however simple or rom- preparation. It was called forth by the re-

hers-hers, to understand and practice.

### A TALL NURSE.

of reason and religion, conversation loaded with than fleshy, yet weighs three hundred and thir- distinguished physicians of Munich.

"Well, I declare " said old Mrs. Wilson, pant conversation are found acceptable. To in her hand. Placing the head upon the end to their friends, and others to themselves.

she forms an ample and admirable cradle—the length of her hand being equal to the whole look Pretty." Such a work, doubtless, has its length of an infant.

.. She is unable to pass ordinary doors without stooping a good deal, and it is said that for convenience she usually puts her thimble and other little articles upon the easing over the in effect-word it as you may-the duty of ev-

" An amusing incident is told of her, which runs in this wise, and which is said to be strictly true. While she was passing through the kitchen of a farm-house one day with a compelled thus to remain, until her cries

## "ONLY WAITING."

A very aged man in an almshouse was asked what he was doing? He replied "Only

Only waiting till the shadows Are little longer grown, Only waiting till the glimmer Of the day's last beam is flown: Till the night of earth is faded From the heart once full of day ; Till the stars of Heaven are breaking Through the twilight soft and gray.

Only waiting till the reapers Have the last sheaf gathered home For the summer time is faded, And the autumn winds have come Quickly, reapers! gather quickly The last ripe hours of my heart; For the bloom of life is withered, And I hasten to depart. Only waiting till the angels

Open wide the mystic gate,

At whose feet I long have lingered, Weary, poor and desolate. Even now I hear their footsteps And their voices far away. If they call me I am wating, Only waiting to obey, Only waiting till the shadows Only waiting till the glimmer

Of the days last beam is flown Then from out the gathering darkness By whose light my soul shall gladly

#### A NEW BROTH FOR THE SICK. BY PROPESSOR LIEBDA.

For one portion of broth take half a pound of freshly killed meat. beef or chicken, eut ly wants to make it viger as seand and lazas mind. To do well whatever it becomes our lin small pieces, and add to it one and a half nound of distilled or other pure water, to which has been added four drops of pure chloshydic muriatic sacid and half to one drachm After standing an hour the whole is strained overshees: then seating herself in a very constancy reverts temp father's plantation, that sighs for the backet which haugs in the well. The mass covered backet which haugs in the well. The mass covered backet which haugs in the well. The mass covered backet which haugs in the well.

The mass covered backet which haugs in the well.

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The mass covered backet which haugs in the well.

The health of the family depends upon its again poured through the sieve, and this promatical through the sieve, and through the sieve, and this promatical through the sieve, and through the sieve I pon the residue of meat remaining in the seive half a pound of distilled water is poured, in small portions. In this manner about one pound of liquid (cold extract of meat) is obtained, of a red color and pleasant meat broth ad of life be simple in dress. Study the physical long life it is necessary to turn cannibal.— tained, of a red color and pleasant meat broth call comfort of the child and not a value there. Nor were menumade to graze like cattle, or eat taste. It is administered to the sick cold, by the cup full, according to their inclination .-Put the infant upon a next, comfortable. Nor is it necessary, in order to shun the er- It must not be heated, as it becomes cloudy thereby, and a thick coagulum of meat albu-

being ill with typhus fever, first induced this mark of my family physician, (Dr Pfeufer,) The great to phylatic against summer to me the good healthy delicacies, which the want of a nutriment proper for digestion.

The great to phylatic against summer to me the good healthy delicacies, which the want of a nutriment proper for digestion.

The great to phylatic against summer to me the good healthy delicacies, which the want of a nutriment proper for digestion. nd offices. In nothing are mothers made A member of the family might as well fall the formation of the albumen of the blood: farity than in their treatment of infarts. The among the Hottentors, as far as any proper and the yolk of eggs, often added thereto, not to be, nor is there any need of their exis- has 52 1-2 per cent, water and fat, and only As soon as children can ereen and run, they tence, if the wife has any just notions of her 17 1-2 per cent, of the substance very similar to, if not the same as, the albumen of eggs; and whether this is equal in nutritous of vegetable cooking, and of preparing multi- qualities to the albumen of meati s, according Sleep should be regulated with the most ex- farious small dishes of all sorts, which go to the investigations of Magendie, at least meat albumen, a certain quantity of hematin, Prairie Farmer, and, formation of the blood copuscles, and, finally, the digesting chlorhydic acid.

A great hinderance to the employment of Miss Silva Hardy, the Maine giantess and this broth in summer is its liability to change all, which are to their tender stomachs most nurse, seven feet and a half high in her shoes, in warm weather; it commences regularly to mischievous. Children short have simples— has been engaged at Barnum's Museum, and ferment, like sugar-water with yeast, without bread and milk should be their food.—Prairie will make her first appearance there on Monday the usual odor. (What substance is here formnext. It is said that the great Yankee show- ed is well worthy investigation.' On account man will retain her as nurse to the baby show, of this the meat must be extracted with perwhich is to take place in June next. The feetly cold water, and refrigeration with ice. Among a large proportion of young women, Eastern (Portland) Argus says of this young completely removes this difficulty. Most important of all is it that the meat be perfectly

... What was it? Let us see it." they all the worth of objects according to the standard seven feet six inches in height—is rather lean in the private practice of several of the most

kind of awe, being the first number of the is confined, in circles of his description, to ed herself chiefly by service in the capacity of and, to my family, and especially important scenes, topics, and inciderts, which embrace nurse, having the reputation of being a most case had not convinced me of the great nu-"Oh, what beautiful picture !" cried one. little more than the amusaments of the prece- excellent one; but for a few months past her tritious properties of this soup, and hence arilittle more than the amusaments of the precessive excellent one, out the ding or ensuing afternoon; the looks and the health has not been good enough for her to see the natural wish that its benefits may be be, will seek it abroad, whether at the ale experienced by a wider circle, and other suf- house, the club, the theatre, the gaming table, ..Oh ! here is music !" exclaimed another, quaintance : petty anecdoes of the neighbor- "Her mother is said to have been below me- ferers be restored by its beneficent effects. A "Oh, ves," said Carrie, "I had forgotten to hood, and local scandal. Lit wonderful, then, dium size, and her father not above it. She young married lady, who, in consequence of tell you that; here is where I get all my new that the wish prevalent in most men, and es- was a twin, and at birth weighed but three an ovarian inflammation, could take no solid was perfectly restored. During this time she gained in flesh and strength. Generally patients take this food without opposition only so long as they are ill; as soon as they can take other food they reject this, perhaps owing to

the color and the faint meat odor. It might in

many cases be of use to color the broth brown

Lady of Washington.] Some people look for their comforts'

WOMAN'S DUTY TO LOOK PRETTY "A French author has recently written a book on "The Duty of a Pretty Woman is to uses; but it is of limited application. We should have rejoiced in a title of more extended significance, with contents corresponding to the title. The subject should have been, women are unfortunately not pretty; but there are few women who cannot impart something of comcliness even to an ill-favored face and a misshapen figure, if they will only take the

"We speak very gravely when we say that there are few relations in life or rather that there are few relationless conditions, in which this is not a duty. That cleanliness is a virtue is seldom denied. A pretty woman, doubtless, looks prettier when clean, and an ugly uglier when dirty. And there are duties beyond personal cleanliness. Neatness, tidiness, follow closely upon it. But something more may still be needed; and something more clearly seen and properly described, is the least possible spice of coquetry.

"A well-dressed woman, however little she may be favored by nature, ceases to be plain It is difficult, indeed, to limit the extent to which a woman, by due attention to dress, may improve her natural attractions, or obviate the disadvantages with which she was born. And that it is her duty to do this, whether she be well or ill favored, is something more than a maxim of mere worldliness. To endeavor to the utmost to please those with whom we live is unquestionably a duty.

"A man marries, indeed, for the sake of the domus et placens uxor. He does not take woman to his hearth because she is a philosopher, or an arithmetician, but because in homely language, there is something nice about her.' It was, doubtless, the design of the Almighty, in giving man a helpmate, that she should satisfy his natural craving after the beautiful, the graceful and the gentle. For this was woman formed:

"For softness she and sweet attractive grace." The woman who forgets this, ignores one of the great objects of her creation. The wife who forgets this, violates one of the primal conditions of the connubial contract.

"That some women are naturally more beautiful and graceful than others, is a fact which makes not against, but for our argument .-Dress is common to all. It is a consolation to those not naturally gifted, that there is a point at which nature yields to art, and the work of men's hands is potent to supply the adornment not vouchsafed by Providence. It is surprising what a very little way mere personal beau-

ty goes. ence of men of the world in support of the assertion that the efforts of art are often more pleasing and attractive than the gifts of nature-in other words, that well dressed women are more admired than merely beautiful ones. Accident is beaten by effort in the great Olympics of society.

"It may be agreed that taste in dress is scarcely less a natural gift than personal beauty. And, to some extent, at least, the fact must be admitted. One woman has naturally an eye for color and form, whilst another has neither the one nor the other. But there are few women who have not, or cannot acquire, a sufficient knowledge of the becoming in costume for all domestic purposes. It may be doubted, indeed, whether the plea of incompetency is ever set up. The real secret of inattention to dress is carelessness-indifference -idleness. It is not worth the trouble. Women do not always consider that what it is worth their while to gain, it is worth their while to keep. 'It is no uncommon thing for women to become slatternly after marriage .--They say they have other things to attend to. and dress is habitually neglected-except, perhaps, on great occasions, when there is a display of finery and bad taste abroad, to be followed by greater negligence at home. Great respect is shown to what is called 'company;' but apart from this there is a display of finery and bad taste abroad, to be followed by greater negligence at home. Great respect is shown to what is called 'company;' but apart from this there is a sort of cui bono abandonment. and the compliment which is paid to strangers is withheld from those who have the best right to claim, and are most likely to appreciate it. This is a fatal, but too common error. When a woman, with reference to the question of personal adornment, begins to say to herself, 'It is only my husband," she must prepare herself for consequences, which, perhaps, she

tle word whatever contributes to personal comeliness and attractiveness-upon the domestic happiness, especially of the lower and middle classes, cannot easily be overstated .-The placens u.cor, as we have said, is no small part of the locality of home. If a man finds that he has not secured what he believed he had married, he has a right to feel disappointed. We do not say he has a right to retaliate. The obligations of the connubial contract are not conditional, but absolute. Negligence on

"The effect, indeed, of attention or inatten-

tion to dress-and we include in the one lit-

may rue to the latest day of her life.

the one side does not excuse negligence on the other; but it will very surely induce it .-When there is nothing attractive at home, a man, however inexcusable such conduct may or in what is called "society." We do not mean to say that dress alone is the agency by which the erratic properties of husbands are to be restrained, but that it is a highly important part of it. Indeed, it may be asserted that the absence of attention to this matter pre-supposes the absence of almost all other gentle, kindly, and attractive qualities."

If our Maker thought it wrong for Adam to live single when there was not a woman on earth, how criminally guilty are old bachelors, with the world full of pretty girls.

Honest industry is always rewarded-No young man need complain of being kept poor, if he rolls up his sleeves and goes to work.