

EAT SKINNER'S THE BEST MACARONI

MY SIGNATURE
FOR EVERY PACKAGE

The Large Bottle For 35c

When you buy Yager's Liniment you get splendid value! The large 35 cent bottle contains more than the usual 50 cent bottle of liniment.

Try it for rheumatism, neuralgia, sciatica, sprains, cuts and bruises. At all dealers—price 35 cents.

YAGER'S LINIMENT RELIEVES PAIN

GILBERT BROS. & CO., Baltimore, Md.

PAPERSHELL Pecan Trees Cheap

Thrifty, vigorous, healthy stock. Well rooted, dug and packed right by experts of national reputation. Every tree guaranteed true and to please you. Big booklet on Pecan Culture free. Write for it.

Bass Papershell Pecan Co., Lumberton, Miss.

PARKER'S HAIR BALM

A toilet preparation of merit. Helps to eradicate dandruff. For restoring color and beauty to gray or faded hair. 50c and \$1.00 at drug stores.

KODAKS & SUPPLIES

We also do highest class of finishing. Prices and catalogue upon request.

S. Galeski Optical Co., Richmond, Va.

DROPSY TREATMENT. Gives quick relief. Soon removes swelling and short breath. Never heard of the usual for dropsy. Try it. Trial treatment sent FREE by mail.

Write to DR. THOMAS E. GREEN, Bank Bldg., Box 20, OMAHA, NEB.

Pure Georgia Cane Syrup, 85c Per Gallon

In Barrels. Pure Sugar. Home Milled. No. 1. 100 lbs. 85c. W. H. DAVIS, COLUMBIA, S. C. Wholesale Gallons.

NO ROMANCE IN HIS SOUL

Man Who Could Destroy Little Wife's Illusion as He Did, Didn't Deserve to Have One.

"John," she asked, nestling up to him, for it was the third anniversary of their marriage, "what was the happiest moment of your life?"

"Ah, dear," he replied, "I remember it well. I shall never forget it. If I lived to be one hundred years old that moment would always stand out as plainly as it does tonight."

She sighed and nestled a little closer, looking longingly up into his honest blue eyes. After a moment's silence she urged: "Yes, but, John, dearest, you haven't told me when it was."

"Oh," he answered, "I thought you had guessed it. It was when you came to me in the autumn, if you remember, and told me that you had decided to trim up one of your old hats so as to make it do for the winter."

Then the celebration of the third anniversary of their marriage became exceedingly uninteresting and formal.—Milwaukee Journal.

The Idea. First Magistrate—"I am afraid of these laws with teeth." Second Ditto—"I'm not, if they're gold filled."

The expression, "He means well," is generally used to excuse a pretty poor performance.



UNLIKE other cereals Grape-Nuts requires only about half the ordinary quantity of milk or cream. Likewise because of its natural sweetness it requires no sugar. Grape-Nuts the ready cooked food, is an all-round saver.

"There's a Reason"

The Housewife and the War

(Special Information Service, U. S. Department of Agriculture)
DINNERS IN ONE DISH—ECONOMICAL, WHOLESOME.



The One-Dish Meal Is Not a Myth—Here Is What Goes Into One for Five Persons, Proportions Given Below: Fish, Potatoes, Carrots, Onion, a Little Pork, Milk, Flour, Pepper.

DINNER QUESTION NEVER GETS OLD

Good, Satisfying Meal Whole Family Enjoys Is Wanted.

COMBINATIONS ARE IN FAVOR

Something Hot, Savory, Easy to Cook and Serve Is Always in Order—Three Recipes Given to Help Busy Housewife.

"What shall we have for dinner?"—the daily question that never grows old. Well, you want a good, satisfying meal which the whole family will enjoy. It must be cheap and easy to cook and must supply what your bodies need to help you grow, and to help you work or play and keep warm. And, if the spirit of war sacrifice abides in your household, the meal should reflect your food saving efforts.

People of all nations have used combinations of foods cooked together in one dish. Perhaps you can remember such dinners in your grandmother's home. Why not renew the custom and serve your family with a nutritious one-dish dinner occasionally, for variety at least? For such a dinner you might serve fish chowder. Here it is, a dinner in one dish, sure enough. This one, and the others that follow, makes enough for five persons:

Fish Chowder.
1 1/2 lbs. fresh fish, 2 cups carrots, (cod, haddock, cut in pieces, etc.) or 1 lb. salt pork, 1 cup milk, 9 potatoes, peeled, 1/2 teaspoonful pepper and cut in small pieces, 1 onion sliced, 3 tablespoonful flour.

Cut pork in small pieces and fry with the chopped onion for five minutes. Put pork, onions, carrots and potatoes in kettle and cover with boiling water. Cook until vegetables are tender. Mix three tablespoonfuls of flour with one-half cupful of the cold milk and stir in the liquid in the pot to thicken it.

"U. S. LEAFLETS" NOW CARRY WAR FOOD HINTS

War food suggestions for American housewives, prepared in four-page "United States Food Leaflets" by food specialists of the department of agriculture, the food administration and state representatives, are now ready to distribute. The leaflets carry the country's expert thought on food conservation translated into popular language. Each one has its helpful war message for the housewife. Seven are now available. More will follow: "Start the Day Right With a Good Breakfast," is food leaflet No. 1. Others now ready are: "Do You Know Corn Meal?" "A Whole Dinner in One Dish," "Choose Your Food Wisely," "Make a Little Meat Go a Long Way," "Do You Know Oatmeal?" "Food for Your Children." These leaflets are designed to supplement rather than replace the department's publications on food and other home problems. With the funds at its disposal the department of agriculture will be able to supply these leaflets directly only to leaders and active workers in the food conservation movements.

Add the rest of the milk and the fish, which has been removed from bone, and cut in small pieces. Cook until the fish is tender—about ten minutes. If salt fish is used, soak first. Serve hot.

This one dish makes a satisfying meal served with crisp crackers or corn dodgers with stewed fruit or jam

FOURFOLD KINGDOM

Life Summed Up in the Words "to Have," "to Do," "to Be" and "to See."

But seek ye first the kingdom of God—Matt. 6:33.

Each human life may be summed up in the words "to have," "to do," "to be" and "to see." These interrelate themselves and show human life as progressive. When these are fully fostered human life is reaching out toward its best.

The earliest to show itself is the desire "to have." The infant's active fingers are the visible expression of the latent instincts of the soul. God's provision for rapid development is the active, impelling instinct to have, to own. Experience shows how the conditions may best be met. Nature presents herself in her possible abundance of fruits and wealth, love and friendships, comfort and health, home and happiness, and says, "Obey and you may have. Fail to obey and you lose." God presents himself in Jesus and by the very possibilities of human excellence then awakened says, "Obey me and this excellence you may have." To seek to know and fully realize this consciousness of God is the most pressing need of the human heart and the greatest need of our present time. The peoples of the earth need again to become God-conscious. Then they will become sane, human, brotherly. But they must become God-conscious on a new level—the level of altruism rather than selfishness. Then "to have" will be inclusive rather than exclusive of others.

The Desire to Do.

"But 'to have' is not the highest instinct and therefore does not develop our highest nature. Merely 'to possess' is a quality we have in common with every other creature. 'To do' is higher than 'to have.' 'To have' gives entrance into the kingdom of property, 'to do' gives entrance into the kingdom of service. And for a human being service is more enriching than possession. A man does not know God until he knows himself and something about his fellow men. No man will use God until he knows man. No man can rebuild his own or another human life until he weeps over the ruin or failure he has seen or experienced. Right is the first condition of service and love is the second. 'To do' is thus a method of growth in the kingdom of God—it is also one of the essential points.

But even service must have its source of inspiration. "To be" is therefore higher than "to do." This gives entrance into the kingdom of character. In the last analysis a man does what he is. True character is not a building, it is a presence, the presence of God in the soul. Character may not be salvation, but it certainly is the assuring proof that God is coming to his own in us. A man is not a Christian whose religion is something added onto the other things he says or does. If his religion is not pervading and so breathing through each one of these as to make them distinctive, then his life is not Christian.

The Desire to See.

The highest of all is "to see." Without vision nations perish, for without vision souls perish. Many men have committed soul suicide who are still active in the pursuits of life. But their activities lack supreme purpose. Many a man makes high claims for himself who knows not that God has departed from him. On the spirit there must be light. In the heart there must be expectancy. To the eye of the soul there must be more seen than the hand can ever realize or words express. To every climbing soul there must be a temple vision like Isaiah's or an open-air vision like Paul's. Beatrice was not merely a woman to Dante—she was the vision of a beautiful character. Hawthorne had in his own soul much of the mystic when he wrote about "The Stone Face" and made himself become like the face he had so devoutly studied and loved. This is the kingdom of vision in which is found the light which gives all the other kingdoms their possibility of enjoyment and realization. Blessed is the man who is thus daily living his fourfold life!—Rev. John R. Mackay, D. D., North-Presbyterian Church, New York.

Everlasting Love.

Love is the greatest thing that God can give us; for himself is love, and it is the greatest thing we can give God, for it will give ourselves, and carry with it all that is ours.

He that can say, "Nothing shall separate me from the love of God in Christ," will be able to triumph in the midst of the greatest tribulations. A soul that lives under the assurance of divine favor cannot but bear up patiently and quietly under the greatest sufferings that possibly can befall in the world. Love should be the supreme thing because it is going to last, because in the nature of things it is eternal life.—Selected.

Simplicity.

I value more and more every day the signs of simplicity, the people who say what they mean and as they mean it; who don't think what they think is expected of them, but what they really feel; who don't pretend to enjoy what they don't enjoy, or to understand what they don't understand.

Prayer.

A prayer in its simplest definition is merely a wish turned Godward.—Selected.

What Is Left Out In Christ's Redemptive Work

By REV. J. H. RALSTON, D. D. Secretary of Correspondence Department, Moody Bible Institute, Chicago

TEXT—For then must he often have suffered since the foundation of the world; but now once in the end of the world hath he appeared to put away sin by the sacrifice of himself. And as it is appointed unto men once to die, but after this the judgment: So Christ was once offered to bear the sins of many; and unto them that look for him shall he appear the second time without sin unto salvation.—Heb. 9:26-28.

On the very face of these words we see the three-fold picture of the work of redemption by Jesus Christ—his incarnation, his atonement and his second coming. The latter is the neglected element in redemption.

One of the earliest errors into which man falls is the partial or imperfect presentation of the work of Jesus Christ. It is true, that sometimes a passage of Scripture will present but one phase of that work; but, taking the whole Word of God and dividing it aright, the full work of Jesus Christ is presented. In this passage that work is quite fully presented in the three-fold picture given.

The Incarnation.

1. The incarnation of Jesus Christ is clearly presented in the words, "He appeared to put away sin by the sacrifice of himself." The fact of that appearance no Christian denies. Just now the papers are full of war news about Bethlehem where that appearance was made. Why did he appear? Was it to give to the world the superna, a sample of moral brightness, to make possible the sacrificial life, to provide a victim of the opposition of wicked men? Some say, yes, to all this, but this passage says he came "to put away sin by the sacrifice of himself." There was a purpose in his appearing. Elsewhere we are clearly told that he came into the world "to give his life a ransom for many." From our first notice of the consciousness of Jesus as to the business of which his father hath sent him to the last days of his life when his face was set on going to Jerusalem to die for the world, that purpose was the distinct and dominating principle of his life.

2. In the words, "once offered to bear the sins of many," we have the historical fact of the death of Jesus Christ. Again, it is most interesting to note that the daily papers are telling us of the taking of Jerusalem by the English, the very location of the sacrificial atonement. In this offering we have the fulfillment of the Old Testament picture of Jesus Christ, as given by Isaiah in the fifty-third chapter of his prophecies. This was the accomplishment of the purpose of his incarnation. Then a fountain was opened for uncleanness, full provision being made for the taking away of the sin of the world.

His Second Appearance.

3. But the third part of the work of Jesus Christ is presented just as distinctly as the other two, in the words, "He shall appear the second time without sin unto salvation." With practical unanimity men are willing to accept that Jesus Christ appeared at Bethlehem about nineteen hundred years ago, that he grew into maturity and died as described in the Bible; but, when an intimation is given that he is to appear on this earth a second time, there is immediate skepticism, and sometimes virulent denial. But here is the statement as clear as it is possible to make it—"and shall appear the second time." The first time he came as a babe, in an obscure place, and yielded himself to the opposition of sinful men even to the sacrifice of his own life. The second time he will appear without sin unto salvation. The first time he appeared with sin, being made sin for us that we might be made the righteousness of God in him. The second time he is to appear without sin unto salvation; or, we might say, unto the completion of salvation.

We may conceive of the Son of God looking on poor, frail man, to whom it is appointed to die and then go to judgment, and saying, "I will give him a complete salvation. He will have in my salvation something infinitely beyond what this life can give. In my second coming I will give him a completed salvation." It is only then that the graves will open, and the bodies of those who have believed on him as an atoning Saviour will rise in perfect power and honor and glory, and the living saints will be changed.

The time of this second coming is not known, but it is the great event of the future, and signs are increasing in number and significance that that event is not far distant, and it might be that in connection with the recovery of Jerusalem where Jesus Christ was incarnated, where he died, and from where he ascended into heaven, that he may come with his saints as the glorious king, the heir of the throne of David, and reign in righteousness forever.

DOCTOR URGED AN OPERATION

Instead I took Lydia E. Pinkham's Vegetable Compound and Was Cured.

Baltimore, Md.—"Nearly four years I suffered from organic troubles, nervousness and headaches and every month would have to stay in bed most of the time. Treatments would relieve me for a time but my doctor was always urging me to have an operation. My sister asked me to try Lydia E. Pinkham's Vegetable Compound before consenting to an operation. I took five bottles of it and it has completely cured me and my work is a pleasure. I tell all my friends who have any trouble of this kind what Lydia E. Pinkham's Vegetable Compound has done for me."—NELLIE B. BRITTINGHAM, 609 Calverton Rd., Baltimore, Md.

It is only natural for any woman to dread the thought of an operation. So many women have been restored to health by this famous remedy, Lydia E. Pinkham's Vegetable Compound, after an operation has been advised that it will pay any woman who suffers from such ailments to consider trying it before submitting to such a trying ordeal.

Really Wonderful.
"Isn't it wonderful how these harvesting machines cut the wheat and tie it into bundles?" "Oh, I don't know. I hear they have a machine now that cuts the wheat, threshes it, grinds it into flour and raises the price, all in one operation."—Life.

Watch Your Skin Improve.
On rising and retiring gently smear the face with Cuticura Ointment. Wash off Ointment in five minutes with Cuticura Soap and hot water. For free sample address "Cuticura, Dept. X, Boston." At drug stores and by mail. Soap 25, Ointment 25 and 50.—Adv.

The growth of the mind is not dependent upon the fifth of the fertilizer. Something wrong with the man who regards a premonition as a warning.

ALMOST FRANTIC

Had Kidney Trouble From Childhood and Was Discouraged, Doan's, However, Brought Health and Strength.

Mrs. C. Anderson, 4104 W. 22nd St., Chicago, Ill., says: "I had kidney trouble from childhood and three years ago a severe spell developed. If I stooped, a terrible pain took me in the small of my back, and for several minutes I couldn't straighten. Often at night the pain in my back was so bad I had to prop myself up with a pillow. It seemed as if my back would break. Watery sacs formed under my eyes and my feet were so swollen I had to wear slippers. Sudden dizzy spells came on and pains in my head drove me almost frantic."

"I felt tired and weak and had hardly enough ambition to move. Nothing seemed to help me and I was discouraged until I commenced taking Doan's Kidney Pills. They cured me completely and my health has been of the best ever since. Doan's surely deserves my endorsement. Sworn to before me, FRANK H. POCH, Notary Public."

Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

DRAIN TILE
IF YOU OWN A LITTLE FIELD FOR THE LAND'S SAKE DRAIN IT WELL TO MAKE IT YIELD.
LET US SUBMIT PRICES
COLUMBIA CLAY CO.
COLUMBIA, SOUTH CAROLINA.

Rheumacide
GETS AT THE JOINTS FROM THE INSIDE
Have you RHEUMATISM Lumbago or Gout?
Take RHEUMACIDE to remove the cause and drive the poison from the system.
REHEUMACIDE OF THE INSIDE PUTS RHEUMATISM ON THE OUTSIDE.
At All Druggists
Jas. Bailly & Son, Wholesale Distributors
Baltimore, Md.

Mitchell's New Faultless Bred King Cotton
Double efficient in characters, guaranteed satisfactory. Extra early maturing, big, fine lock boll, 10 lbs. postpaid \$3.00. Will plant early. Re-improved King, 100 lb. bag \$7.50 f. o. b. here.
Sugar Leaf Cotton Farm, Youngsville, N. C.

FOR COUGHS AND COLDS
—take a prompt and effective remedy—one that acts quickly and contains no opiates. You can get such a remedy by asking for
PISO'S