

Original Poetry  
For the New Era  
Retrospection  
Do you remember, Hal, the spot  
Where of we used to roam?  
That little spot beneath the trees  
We called our forest home?  
Oh! yes, I know you'll never forget,  
Wherever you may go—  
That dear old spot we loved so well,  
Just fifteen years ago.

How to Breathe.  
It would seem that man has been long enough on earth to learn the proper use of every part of his body. But new discoveries are constantly made, and it is now claimed that one chief cause of pulmonary disease is from wrong habits of breathing. The following paragraph is noteworthy: There is one rule to be observed in taking exercise by walking, the very best form in which it can be taken by the young, and able-bodied of all ages, and that is never to allow the action of respiration to be carried on through the mouth. The nasal passages are clearly the medium through which respiration was, by our Creator, designed to be carried on. "God breathed into man's nostrils the breath of life," previous to his becoming a living creature. The difference in the exhaustion of strength by a long walk with the mouth firmly closed, and respiration carried on through the nostrils instead of through the mouth, is inconceivable to those who never tried the experiment. Indeed, this mischievous and really unnatural habit of carrying on the work of inspiration and expiration through the mouth, instead of through nasal passages, is the true origin of almost all the diseases of the throat and lungs, as bronchitis, congestion, asthma, and even consumption itself. That excessive perspiration to which some individuals are so liable in their sleep, which is weakening so to the body, is solely the effect of such persons sleeping with their mouths unsealed. And the same unpleasant and exhaustive results arise to the animal system from walking with the mouth open, instead of, when not engaged in conversation, preserving the lips in a state of firm but quiet compression. As the heat and velocity of the blood through the lungs depends almost entirely upon the quantity of the atmospheric air inhaled with each inspiration, and it is unavoidable that it should be taken in, in volume by the mouth, whilst it can only be supplied in moderate quantities, and just in sufficient proportion to serve the purpose of a healthy respiratory action, whilst supplied through the nostrils, it is clear that the body must be much lighter and cooler, and the breathing much freer and easier, when the latter course rather than the former is the one adopted. Children ought never to be allowed to stand or walk with their mouths open; for besides the vacant appearance it gives to the countenance, it is the certain precursor of coughs, colds, and sore throats.

Head Qrs. Dep't. of South Carolina.  
HILTON HEAD, S. C., Sept. 8, 1865.  
GENERAL ORDERS, No. 30.  
In order to remove all existing causes of jurisdiction between the civil and military authorities throughout the State of South Carolina; promote the preservation of quiet and good order; relieve the people as much as possible from all unnecessary restraints of Martial Law; and reduce the expense of the Military establishment; it is hereby ordered:  
FIRST. That the Superior and Circuit Courts, will continue in operation as heretofore, and shall have, as against any civil courts, exclusive cognizance to try and adjudicate all cases wherein Freedmen and other persons of color are directly or indirectly concerned. This will not be so interpreted as to restrict the authority of the agents of the Bureau of Refugees, Freedmen and Abandoned Lands.  
SECOND. The civil Courts may be opened, and all civil and municipal officers who shall have taken the Oath of Office last prescribed, and who, if they belong to either of the classes excepted from amnesty, shall have received executive pardon, will be allowed to resume the exercise of their official duties, under such of the laws of South Carolina in force immediately before the 7th day of November, 1860, as are not inconsistent with the laws of Congress, and the Proclamations of the President, which laws and Proclamations are in all cases to be respected.  
THIRD. It being impracticable to establish and preserve Military Posts in sufficiently close proximity to maintain a perfect Military police in every portion of the State, the Civil Magistrates will be allowed to make arrests in all cases of breaches of the public peace; but the arrest of Freedmen and other persons of color, when deemed necessary by the absence of the military, will in all cases be immediately reported and the custody of the person arrested will be transferred to the nearest Military commander. The functions of civil officers, who disregard this order, will be suspended.  
By Command of  
Major General Q. A. GILLMORE,  
W. L. M. BURGER,  
Assistant Adjutant General.  
Sept. 10, 1865.—3t

Head Qr's Military Dist. Eastern S. C.  
THIRD SEPARATE BRIGADE.  
DARLINGTON, S. C., Sept. 8th, 1865.  
[GENERAL ORDERS, No. 23.]  
It is announced for the information of this Command that DANIEL SAYER, Esq. has been appointed an Assistant Agent of the Treasury Department to collect and receive all Confed. State Cotton in the Districts of Chesterfield, Marlboro, Darlington, Sumter and Clarendon. Sub-District and Post Commanders are hereby directed to render him all necessary aid in the performance of his duties, by discovering such information as they may have received in relation to such Confederate Cotton, or by any other means they may have in their power to facilitate the purpose of his appointment.  
By Command of  
Brig. Gen. GEO. L. BEAL,  
C. B. FILLERBROW,  
Lt. & A. A. G.  
Sept. 12

Head Qrs. Dep't. of South Carolina.  
HILTON HEAD, S. C., Sept. 5, 1865.  
GENERAL ORDERS, No. 27.  
The following assignments to duty are hereby announced:  
I. The Major, CHARLES DEYENS, U. S. Vols., to the Command of the Military District of Charleston, S. C.  
II. Brevet Major, ADELBERT AMES, U. S. Vols., to the Command of the Military District of Western South Carolina.  
III. Capt. HENRY SETON, 54th N. Y. Veteran Volunteers, as Aide-de-Camp, on the Staff of the Major General Commanding the Department.  
By Command of Maj. Gen. Q. A. GILLMORE,  
W. L. M. BURGER,  
Assistant Adjutant General.  
OFFICIAL: T. D. HODGES,  
Capt. 35th U. S. C. T.,  
Acting Assistant Adjutant General.  
September 19.

Head Quarters, Military Dist. E. S. C.  
THIRD SEPARATE BRIGADE.  
DARLINGTON, S. C., Sept. 4th, 1865.  
GENERAL ORDER, No. 21.  
I. Hereafter all licenses for the distillation of intoxicating liquors, and the sale of liquors, shall be within the limits of this District will be regulated by Sub-District Commanders.  
II. For each license granted a monthly tax of twenty-five dollars shall be collected, one half of which will be paid to the Treasurer of the Sub-District, and one half to the Treasurer of the District.  
III. The above tax will be immediately collected for the months of June, July and August past, if not previously paid, and will hereafter be collected on or before the 25th day of each month.  
IV. The Assistant Provost Marshals of the several Sub-Districts are charged with the execution of Par. III. of this order.  
By Command of  
Brig. Gen. GEO. L. BEAL,  
CHAS. B. FILLERBROW,  
Lt. & A. A. G.  
Sept. 12.

Head Qrs. Dep't. of South Carolina.  
HILTON HEAD, S. C., Sept. 8, 1865.  
GENERAL ORDERS, No. 31.  
Messrs. JONES & JOHNSON, Traders at Florence, S. C., for selling intoxicating liquors to the detachment of the 1st Ohio Vet. Cavalry, on or about the 20th day of July, 1865, in violation of the orders of the officer in charge of said detachment, are hereby prohibited from trading at any Post in this Department, occupied by United States Troops.  
By Command of Maj. Gen. Q. A. GILLMORE,  
W. L. M. BURGER,  
Asst. Adj. General.

Head Qrs. Dep't. of South Carolina.  
HILTON HEAD, S. C., Sept. 10, 1865.  
[GENERAL ORDERS, No. 33.]  
During the temporary absence of Major-General Q. A. GILLMORE, the undersigned hereby assumes Command of this Department. The Department Staff will remain, as heretofore announced in General Orders from these Headquarters.  
All existing orders and regulations will remain in force, until otherwise ordered.  
CHARLES DEYENS, Jr.,  
Bvt. Major-General Vols.

Provisional Government.  
NOTICE IS HEREBY GIVEN THAT FROM AND AFTER the Seventh day of September, the Headquarters of the Provisional Government will be at Columbia, where all communications addressed to him must be directed.  
WILLIAM H. PERRY,  
Private Secretary.  
Greenville, S. C., August 28, 1865.  
September 12.

PROFESSIONAL NOTICE.  
DR. T. P. BAILEY,  
(FORMERLY OF DANIEL, S. C.)  
Intends locating permanently in GREENSBORO, N. C., about the 1st of October, offers his Professional services to the citizens of that town and vicinity.  
Sept. 12-3m.

WANTED.  
FOR THE QUARTERMASTER'S DEPARTMENT of the Military District, Eastern South Carolina:  
3,000 Bushels of Corn,  
5,000 Pounds of Fodder.  
Fair prices will be paid for the same by  
A. G. RANKIN,  
Lieut. & A. Q. M.  
Sept. 26-4f

FOR SALE.  
A FINE BLOOD HORSE, FIVE YEARS OLD SOUND, with fast trotter, and well broken to harness or saddle. Inquire at the Office of the Editor of the "NEW ERA" Aug. 29-4f.

FOR SALE.  
A Small lot of fine Chewing Tobacco, Letter and Note Paper, Envelopes &c. for sale low, at New Era Office, above Lee's Drug Store.  
Aug. 22-4f

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