Did you see...

Raymond Cash explaining to the office personnel the operations of the bale-o-matic as secretarial staff observed plant employees producing superior quality products ... Oron Hancock purchasing an Americanmade economy car ... Ezekiel Johnson hurrying into Hardees for breakfast before beginning his work in Lydia Slashing ... Clarence Martin checking to determine when Clinton High graduation exercises would be held ... Larry Smith advising an employee the assortment of approved hearing protectors available for purchase ...

Employees checking labels in area department stores to be certain only Americanmade items were purchased ... "Crafted With Pride in USA" logos appearing on many advertised textile items ... A group of Lydia employees listening to Ann Parrish tell how many fish she caught recently at Santee Cooper ... Steve Fennell explaining the fundamentals of good sportsmanship in baseball as he coaches the YMCA baseball team

.. Harry Sullivan checking measurements in Bailey Plant card room trying to find the exact spot for new equipment being instal-

Luke Smith double checking the front of 1 Slasher to make certain no ends had gotten crossed in the creeling process ... Loiuse Blackwell taking her afternoon walk as part of her personal wellness program ... John Faulkner and Harry Lanford joking about who would have the first ripe tomatoes from their prized gardens ... A history oriented employees asking which employee had the same name as a former president of the United States ... This being James Buchanan, Clinton Training Director ... Bob Dettmar researching antique auto parts manual for sources of materials for auto restoration and repairs ... Dykes McGowan being congratulated after his daughter was elected President of the Samson (Alabama) High School student council...



WE APPRECIATE YOUR CONTRIBUTIONS—Clinton Vice President Thad Williams presented Assistant Secretary Martha Simmons with a gold engraved watch in recognition of her completion of twenty-five continuous years service to the company.



THANK YOU FOR YOUR LOYALTY—Assistant Lydia Spinning Superintendent Tommy Moore, left, and Superintendent Joe Wilkie, right, present Agnes Blackwell a retirement gift on behalf of her fellow employees. Agnes had been employed at Lydia since 1952.

IAM YOUR **FLAG**



I AM YOUR FLAG.

was born on June 14, 1777.

I am more than just cloth shaped into a design.

I am refuge of the World's oppressed people.

I am the silent sentinel of Freedom.

am the emblem of one of the greatest sovereign nations.

I am the inspiration for which American Patriots gave their lives and fortunes.

I have led your sons into battle from Valley Forge to the jungles of Vietnam.

I walk in silence with each of your Honored Dead, to their final resting place beneath the White Crosses, row upon row.

I have flown through Peace and War, Strife and Prosperity, and amidst it all I have been respected.

My Red Stripes . . . symbolize the blood spilled in defense of this glorious

My White stripes . . . signify the burning tears shed by Americans who lost their sons.

My Blue Field . . . indicates God's heaven under which I fly.

My Stars . . . clustered together, unify fifty states as one, for God and Country. "Old Glory" is my nickname, and proudly I wave on high.

Honor me, respect me, defend me with your lives and your fortunes.

Never let my enemies tear me down from my lofty position, lest I never return.

Keep alight the fires of patriotism, strive earnestly for the spirit of democracy.

Worship Eternal God and keep His commandments, and I shall remain the bulwark of peace and freedom for all mankind

I am your flag.

-Thomas E. Wicks, Sr.

About Your Health

"According to a recent study of the hidden costs of cigarettes, middle-aged men who are heavy smokers will suffer an average of \$59,000 each in extra medical bills and lost earnings during their lifetimes," says Clinton nurse Nell Haggart, R.N.

"This estimate is probably low, however, because it considers only smoking's contribution to lung cancer, heart disease and emphysema. Smokers also face higherthan-usual risks of a variety of other diseases, including cancer of the mouth, throat, bladder, and pancreas," she added.

For a man between the ages of 35 and 44 who smokes more than two packs a day, the cigarette-related medical bills and lost work will add up to an average of \$58,987 during

The cost for a woman in this category is \$20,152. The difference is largely due to women's lower projected earnings.

The cost of smoking-related medical bills is high, but is far outweighed by the wages

smokers lose if they die or are bedridden. The costs go down as people get older. The

smoking costs of younger men are highest because they have more years to get sick, and their potential loss of earnings is greatest.

For a heavy-smoking man between 55 and 65, for instance, the smoking is \$15,945 and for a woman it is \$11,717.

The figures are averages for all smokers, not just those who get sick.

These cost estimates do not imply that every smoker will get lung cancer, coronary heart disease or emphysema. This takes the costs for those smokers who develop the diseases and spreads them across all

Smokers who actually get lung cancer, for instance, may have costs far higher than the averages, especially if they are young.

The medical expense of treating a man's lung cancer averages \$18,373. But a man who gets the disease between ages 45 and 49 will lose an average of \$286,047 in earnings, so his total smoking-related costs are figured to be \$304,420.