

THE CREW OF THE CLINTON MILL shop is, left to right, Dick Sanders, Roy Trammell, Dave Sanders, J. P. Toms, master mechanic; Eddie Davenport, Bobby Wooten, Luke Fuller, Emory Dean, "Shorty" Snelgrove, James Carson, Woodrow Smith, Pat Petterson, "Nub" Ayers and George Price. Not present: Jack Blakely, Otis Graham, D. C. Whitman, Fred Shelton, Carl Heaton, Jr., James Cathcart, Otis Parish, Walter McAllister, George Snelgrove, G. Owens and Ira Chandler.

## In Our Shops

A good machine shop is one of the most important assets of a modern textile plant, and well equipped and manned shops are found at both Clinton and Lydia Mills.

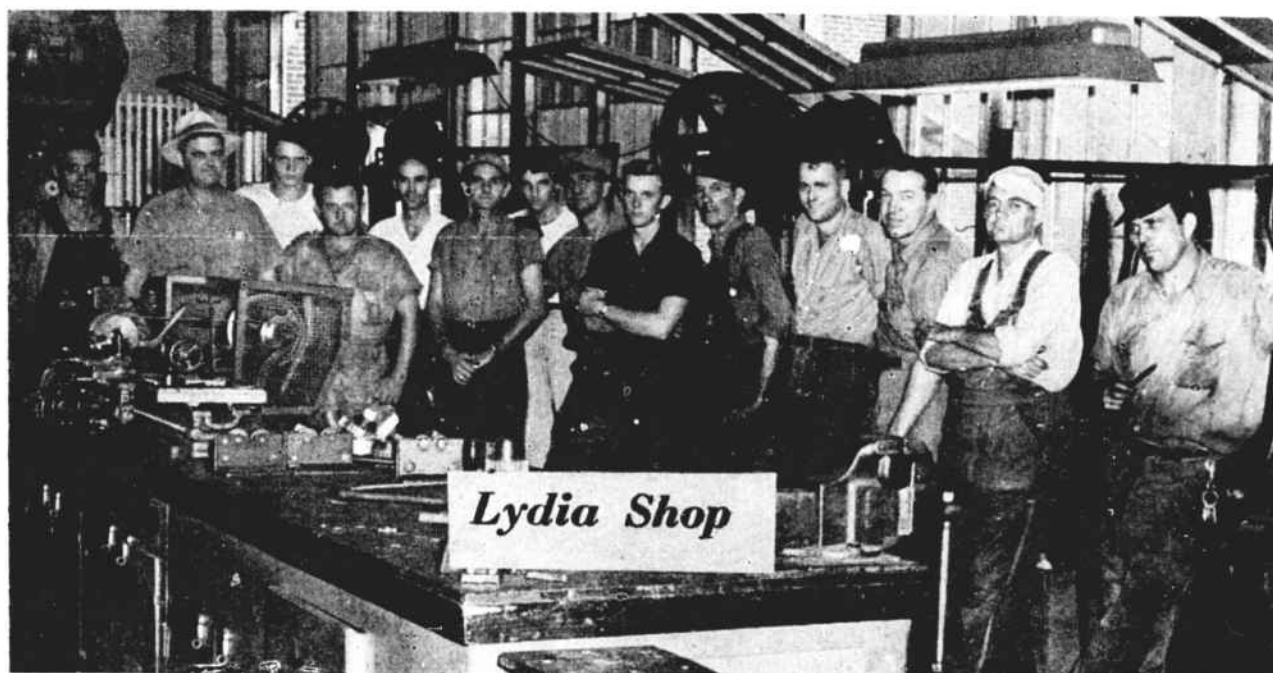
The best way to describe activities of our shops is to say that if anything—and we do mean anything—goes

wrong, the shops can fix it.

They are responsible for keeping the mills running and running right, and everyone's job depends in large measure on the ability of the shops and the mechanics to keep all equipment in running order. Electrical work, welding, tin work, plumbing, the repair

and maintenance of equipment and machinery . . . these are just a few of the things which are all in a day's work for the shops.

We salute this group of highly capable mechanics who carry on such important work for us.



EMPLOYEES OF THE LYDIA SHOP are, left to right, Roy Sanders, Clyde Trammell, master mechanic; Robert Cobb, Jim Mays, Paul Arnold, J. A. Black, Billy Abercrombie, Gene Knox, Freddie Attaway, Calvin Lark, Horace Brown, Benjamin Hughey, M. V. Patterson, O. C. Harris. Not present: Chuck Grady, Harold Wallace, Marion Hiers, Buddy Sanders, H. L. Crocker, Homer Birch, Izzie Miller and Leaverne Moore, Jr.

### Census At Both Plants

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at both plants who have automobiles.

Those are figures for both mills. Now let's take a look at the plants separately and these figures show, which we already knew, that Clinton is slightly larger than the Lydia mill, having 1,031 employees as compared to the 805 at Lydia.

We have 395 houses with 1,757 rooms housing 1,620 people at Clinton, which is an average of slightly more than four people in each house.

At Lydia we have 286 houses with 1,196 rooms housing 1,193 people, or the same average of about four to a house.

There are 438 Clinton employees not living in the village and 594 who do, while at Lydia we have 407 working in the mill and housed while 398 are not. Clinton has 12 in the services and Lydia has 22.

### Waste . . .

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making tangled bobbins on roving frames, reducing creeling waste, lap stick waste and tangled bobbins in both warp and filling spinning, making beams of uniform length on the warper and so adjusting the creel weights on the slasher so stretch on the beams is uniform, making straight warps on the slasher so there will be none to pull off before it is tied and letting the warp run out as nearly as possible on the loom beam.

All of these things can be done with little trouble. These things will help:

A conscientious approach to the duties of the job.

Being alert and watchful of the work in your charge to prevent waste conditions.

Careful handling of the stock in process to prevent damage.

Keeping roving, bobbins of yarn, etc. off the floor.

Keeping greasy hands off the stock and helping every way possible to prevent oil from getting on the work.

## The Ballad of the Doleful \$



"I want to be a dollar  
"That everywhere I go  
"The people who possess me  
"May see and feel and know  
"That with me in their pocket  
"They'll have one hundred pence,  
"And not in God be trusting  
"For forty-seven cents!"

(This poem was used by William Jennings Bryan as part of his 1896 Presidential campaign. . . His fears seem to be coming true today — while the dollar was worth 100 cents in 1939, today's dollar has fallen in buying value to only 53 cents!)

## Bank Services . . .

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which provide you the best receipt possible in paying bills. The bank does all the bookkeeping on your checking account, furnishing you a monthly statement with your cancelled checks—all at no cost, and in the meantime your money is safe from loss or theft.

Let us look at a few other services of a bank.

We make change. Suppose you had a dollar and wanted to buy something for 75c, but the store had no change. He would either have to owe you a quarter or refuse to sell you. That seldom happens because the bank provides change to anyone, thereby helping you and the storekeeper to keep business going.

We lend money. By lending money at low bank interest rates, many people can have cars and other necessities and luxuries which they might not otherwise have. Money borrowed in the right way is a form of saving, yet you get the goods in advance and pay back later.

We help maintain schools, fire and police departments and other things in our city and county which most of us take for granted. This is through taxes which not everyone pays, but everyone who owns property does. As a property owner, the bank pays taxes helping to provide schools, police and fire protection for all of us.

We help provide jobs. Perhaps a mill plans a large new addition for more looms or spinning and does not have the money on hand to pay for the addition all at once. The bank loans the money which is paid back over a period of time, but in the meantime more spinners and weavers are at work.

We save your money. Money placed in time deposits draws interest, thereby increasing your savings while providing a safe place for it. All deposits are insured.

### Woman's Club . . .

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Mrs. Joe Cooper for her work with the Campfire Girls. Plans were completed for the dinner which the club served August 19 to the softball teams.

Rev. George A. Anderson of Presbyterian College made the principal address of the evening, speaking on "Organization." Cooperation and teamwork are "musts" in our home, club and community, he told the group.

The hostesses, Mrs. Joe Terry, Mrs. J. V. Lowe and Mrs. Elvin Holtzclaw, served sandwiches and punch during the social hour.

We help make your Christmas a merrier one. Have you ever seen Christmas drawing near and yet you know there is not enough money for the gifts you want. So all amounts put away weekly or monthly in our Christmas Club assure you of extra money right before Christmas.

These are only a few—but important—services of a bank. Advice is another. As a bank deals constantly with money problems, it can often advise a person the best way to solve his or her financial difficulties.

We hope all Clinton and Lydia employees will become familiar with all the services a bank has to offer. Any of our departments will be glad to explain their operations and how they can help you at any time.

## Good Sleeping Pays Dividends

The problem of getting a good night's sleep (or day's if you are on the third shift) is never an isolated one for any of us. It is closely associated with our work, our social relationships, and our emotional attitudes.

In considering what, if anything, parents can do about assuring adequate sleep for the young people of the family, it is a good thing to start asking what, if anything adults can do about getting adequate sleep for themselves. Adolescent boys and girls are just young adults. True, their adulthood is newly acquired, and they need more sleep than do those who are more used to being grown up and who are not so active physically. Yet, with this one exception, the need for extra sleep with which to establish their new adult "frame of mind"—their sleep problem is an adult sleep problem.

The best sleeping "medicine" for any adult is a good day of work that turns out satisfactorily. Healthful weariness combined with a sense of accomplishment makes everyone relish a good night's rest. The thing that thwarts the most natural desire to sleep after a satisfying work day is irregularity of sleeping habits.

Although few people like to go to bed at exactly the same hour each night, and some people would not consider life worth living if they had to do the same thing always at the same time, yet a sense of rhythm of turning out the lights very frequently at the same hour is apt to bring sleep with an ease unknown to the erratic individual who goes to bed at all hours.

Next to satisfying work and regular habits of living comes the provision of good physical conditions for sleep. Quietness, darkness, warmth in winter and coolness in summer, plenty of fresh air and proper covering are great aids for the kind of sleep from which you wake refreshed and ready for a new day.

If you do not feel that way when you get up, give a little thought to why you are not sleeping well. Chances are it is one of the things mentioned above and by correcting whatever it may be, it will be worth a lot to you in the way you feel from now on.

