

# UNIVERSITY OF SOUTH CAROLINA

## STUDENT-ATHLETES FOR RESPONSIBLE CHOICES CONCERNING ALCOHOL



Alcohol & Drug PROGRAMS



### SIX SAFETY TIPS:

**TIP 1: You DON'T need alcohol to have fun!**

**TIP 2: If drinking, set a limit at 1 drink per hour.**

**TIP 3: Eat a full meal before you drink alcohol.**

**TIP 4: NEVER leave a beverage unattended.**

**TIP 5: Designate a sober driver.**

**TIP 6: Call 9-1-1 if you suspect alcohol poisoning.**

NCAA

